



Walking in Patagonia

Escorted by Mike Wood

PEREGRINE
SPIRIT OF ADVENTURE

Sunday 5th January - Thursday 16th January 2020

\$7,995 - based on 10 passengers travelling



Joining Point

Loreto Hotel
Loreto 170 Comuna de Bellavista,
Recoleta, 8420471, Chile
Phone: +56 2 2777 1060

Emergency Contact

While we always endeavour to provide the best possible holiday experience, due to the nature of travel and the areas we visit sometimes things can and do go wrong. Should any issue occur while you are on your trip, it is imperative that you discuss this with your group leader or our local representative straight away so that they can do their best to rectify the problem and save any potential negative impact on the rest of your trip.

We recognise that there may be times when your group leader/local partner may not be able to resolve a situation to your satisfaction - if this is the case, please ask the leader to speak to their direct manager.

You may also choose to provide details in your online feedback, which we ask you to complete within 30 days of the end of your trip. But we do ask you to be aware that it is very difficult for us to provide any practical help after the trip is complete.

BOOKING ENQUIRIES / ISSUES

For general enquiries or questions about your booking, please contact your agent or adventure specialist, or visit us at:
www.peregrineadventures.com/contact-us

CRISIS AND EMERGENCIES

In the case of a genuine crisis or emergency please contact our local ground representative on the number below:

While in Chile or Argentina contact: +54 9 11 5348 8823

Walking in Patagonia 12 days/ 11 nights

Sunday 5th January 2020 - Thursday 16th January 2020

Walking in Patagonia Itinerary

Day 1/ Sunday 5th January 2020

Santiago

Meals included: None

Arrival to Santiago, our local driver will welcome you at the airport and will transfer to your hotel. Surprising, cosmopolitan, energetic, sophisticated and worldly, Santiago is a city of syncretized cultural currents, madhouse parties, expansive museums and top-flight restaurants. No wonder 40 percent of Chileans call the leafy capital city home.

It's a wonderful place for strolling, and each neighborhood has its unique flavor and tone. Head out for the day to take in the museums, grand architecture and pedestrian malls of the Centro, before an afternoon picnic in one of the gorgeous hillside parks that punctuate the city's landscape. Nightlife takes flight in the sidewalk eateries, cafes and beer halls of Barrios Brasil, Lastarria and Bellavista, while as you head east to well-heeled neighborhoods like Providencia and Las Condes, you'll find tony restaurants and world-class hotels.

At 6:00pm, your Tour Leader will meet you at your hotel's foyer for a welcome meeting.

Included Activities

- Group arrival transfer in Santiago, in private service with Spanish speaking driver only
- Welcome meeting at the hotel with Tour Leader

Accommodation: Loreto Hotel (Standard room)

Day 2/ Monday 6th January 2020

Santiago

Meals included: Breakfast

In the morning, you will take a tour of the charismatic Santiago, visiting both the old and new areas of the city. Highlights include the Plaza de Armas, the city's central square and the heart of the city's old colonial core. The Plaza de Armas is home to the beautiful 18th century Metropolitan Cathedral, the early 19th century Royal Court Palace that houses the Natural History Museum and the Central Post Office completed in 1882. Visit San Cristobal Hill, rising 880 mts / 2640 ft over the city – the second highest natural point in Santiago, you are offered amazing panoramic views of the city. Then you will continue to the picturesque Los Dominicos Market where over 150 Chilean artists' handicrafts are displayed. Stroll through the lovely artisan village, you could enjoy a tasty empanada at one of the outdoor cafés (not included).

By the afternoon you will visit the Undurraga winery. Established in 1885 by Francisco Undurraga, this is one of Chile's oldest wineries. Mr Undurraga planted the first vines on the Santa Ana Estate in the heart of the Maipo Valley, initiating a project which went on to extend across the main areas of Chile, such as Alto Maipo, Leyda, Rapel and Cauquenes. With 130 years of experience, Viña Undurraga makes unique wines of specific origin which reflect the best of the land and valleys of Chile. The tour includes a complete visit of the park, including the Aliwen corner, vineyards, soil analysis test pit, vinification plant, entertainment garden, and underground cellars, ending with a great tasting of 3 reserve wines (brands depending on availability), and a gift wine glass.

Included Activities

- Half day city tour in Santiago including the San Cristobal hill and Dominicos market, in private service
- Wine tour at Undurraga winery including wine tasting, in private service

Accommodation: Loreto Hotel (Standard room)

Day 3/ Tuesday 7th January 2020

Santiago / Punta Arenas / Torres Del Paine

Meals included: Breakfast, box lunch and dinner

In the morning, you will be transferred to the airport to take your flight towards Punta Arenas city (flight not included).

Upon arrival in Punta Arenas, you will be welcomed at the airport by the hotel's representative and transferred to your hotel located in Torres del Paine National Park.

As you enter the realm of the park, you may be greeted by a herd of guanacos (lama-like camelids). The park is also home to some impressive birds such as condors and pink flamingos. The real star of the show, however, is the landscape – stunning glaciers, mountains, lakes and waterfalls. Arrive at your comfortable hotel and settle in.

Dinner will be included at the hotel.

Included Activities

- Group departure transfer in Santiago, in private service
- Group arrival transfer from Punta Arenas to Torres Del Paine in shared service (provided by the hotel)

Accommodation: Rio Serrano Hotel (Standard room)

Day 4/ Wednesday 8th January 2020

Torres Del Paine

Meals included: Breakfast, lunch and dinner

Torres del Paine National Park is one of the most spectacular national parks in Chile. A UNESCO-declared World Biosphere Reserve, it is a unique combination of impressive craggy mountains, including the famous Cuernos Del Paine (Paine Horns), glaciers, waterfalls and lakes, as well as being home to abundant plant and animal life. There are excellent chances to spot guanacos, rheas, Andean condors, Chilean flamingos and many other species of birds and mammals. The Paine Massif rises over 3000 meters above the Patagonian steppe.

During your time at the Rio Serrano hotel you will participate in activities with other travelers that may have booked elsewhere. Each day there will be between 1-3 different activities on offer which you will be able to choose from.

Please note that should you wish to take part in an activity that is not offered for the day you are there, you will need to pay an additional cost for a private guide.

Please check here the excursions available: <http://www.hotelrioserrano.cl/#!/puntos/1>

Lunch and dinner will be included in the hotel.

Included Activities

- Full day excursions in Torres Del Paine National Park in shared service (provided by the hotel)

Accommodation: Rio Serrano Hotel (Standard room)

Day 5/ Thursday 9th January 2020

Torres Del Paine

Meals included: Breakfast, lunch and dinner

Enjoy another extra day in this national park. With your Tour Leader and the hotel, you will organize the activities for today.

Lunch and dinner will be included in the hotel.

Included Activities

- Full day excursions in Torres Del Paine National Park in shared service (provided by the hotel)

Accommodation: Rio Serrano Hotel (Standard room)

Day 6/ Friday 10th January 2020

Torres Del Paine

Meals included: Breakfast, lunch and dinner

Enjoy another extra day in this national park. With your Tour Leader and the hotel, you will organize the activities for today.

Lunch and dinner will be included in the hotel.

Included Activities

- Full day excursions in Torres Del Paine National Park in shared service (provided by the hotel)

Accommodation: Rio Serrano Hotel (Standard room)

Day 7/ Saturday 11th January 2020

Torres Del Paine / El Chalten

Meals included: Breakfast

Prepare for a travel day. While it's on the long side of things, it's an excellent chance to relax and take in the scenery. Take a regular transfer to Cerro Castillo, the border between Chile and Argentina. Then, take a private vehicle to continue to El Chalten (approximately 7 hours), which has long been an attractive destination for adventure seekers from around the world.

Included Activities

- Regular transfer from Torres Del Paine to Cerro Castillo border (Provided by the hotel)
- Private transfer from Cerro Castillo border to El Chalten

Accommodation: Destino Sur Lodge Hotel (Standard room)

Day 8 / Sunday 12th January 2020**El Chalten**

Meals included: Breakfast and box lunch

Over the next two days you will take on (at least) two of the most popular day treks in the area: Laguna de los Tres and Laguna Las Torres. Both of these journeys span breathtaking Patagonian scenery. The hikes are moderate to difficult, and you can expect to walk on clearly marked and well maintained paths (approximately 6–9 hours per day). The terrain itself is not difficult. Instead, wind and rain may be the main challenges you face on these walks. The hikes you trek, and the order in which you trek them, may change depending on weather conditions.

Included Activities

- Day hike to Laguna de los Tres in private service

Accommodation: Destino Sur Lodge Hotel (Standard room)

Day 9/ Monday 13th January 2020**El Chalten**

Meals included: Breakfast and box lunch

Embark on whichever hike you did not complete yesterday. While the Laguna de Los Tres offers great views of Cerro Fitz Roy (3,405 m) and its two sister peaks, it's moderate to difficult, and involves quite a steep climb in its latter stage. You'll need good fitness for this. On the other hand, the Laguna Las Torres trail boasts superb views of the Cerro Torre peak (3,102m), and is a little easier than Laguna de Los Tres. It's best taken when the weather is fine, as it can get windy along the way, and Cerro is known as being hard to spot if it's cloudy.

Included Activities

- Day hike to Laguna Torre in private service

Accommodation: Destino Sur Lodge Hotel (Standard room)

Day 10/ Tuesday 14th January 2020**El Chalten / El Calafate**

Meals included: Breakfast

Enjoy a free morning in El Chalten. Hikers and climbers from all around the world congregate here, and the atmosphere is laid back and very outdoors-oriented. From the village you can see the splendor of Glacier National Park's north side. Take the time to stroll around the village or simply park at a cafe with a nice coffee or hot chocolate and rest your weary legs.

Later on you will take a private transfer to El Calafate (approximately 2 hours). Perhaps sample some chocolate at one of the shops along Libertador, the main strip. In the evening, why not try some world-famous Argentinean steak or fresh-caught local trout.

Included Activities

- Transfer from El Chalten to El Calafate in private service

Accommodation: Esplendor El Calafate Hotel (Standard room)

Day 11/ Wednesday 15th January 2020**El Calafate**

Meals included: Breakfast

Head to the Perito Moreno Glacier and explore this extraordinary world of ice. It's one of the few advancing glaciers in the world, and at three kilometers wide and 35 kilometers long, it's a spectacular sight. Watch and listen to the crack of the ice as it plunges into the waters below. Interestingly, massive ruptures occur every four to five years as part of cyclical ice bridge formations. You'll have plenty of time to explore this icescape in depth and take a few photographs.

Included Activities

- Full day visit to Perito Moreno glacier in private service

Accommodation: Esplendor El Calafate Hotel (Standard room)

Day 12/ Thursday 16th January 2020

El Calafate / Departure Day

Meals included: Breakfast

Your adventure comes to an end after breakfast this morning. There are no activities planned for your final day. You will be transferred to the airport to board your onward flight.

Included Activities

- Group departure transfer in El Calafate, in private service

Finishing point

Esplendor El Calafate Hotel
Av. Juan Domingo Perón 1143, Z9405 El Calafate,
Santa Cruz, Argentina
Phone: +54 2902 49-2485

Itinerary Disclaimer

The word 'adventure' gets thrown around a lot these days. But the way we see it, there are adventures, and there are *Adventures*. As this itinerary may explore areas that we don't usually go to with our regular product range, places you don't find in your typical travel brochure, it may not have been tried and tested.

While we always endeavour to provide the best possible holiday experience, due to the nature of travel and the areas we are visiting on this itinerary sometimes things can and do go wrong. Should anything unexpected occur while you are on your trip, it is best that you discuss this with your group leader or our local representative straight away so that they can do their best to address it and save any potential negative impact on the rest of your trip.

For us, adventures like this are at the heart of what it means to be Peregrine Adventures: something original, unexpected, and as far from 'the usual' as you're going to get. Wave goodbye to that beaten path.

Pre Departure Information Patagonia

Important Notes

SINGLE SUPPLEMENT:
Available to purchase - \$2635

Pre-departure checklist

Before you travel please download our pre-departure checklist to make sure you are fully prepared for your trip:

<http://www.peregrineadventures.com/pre-departure-travel-checklist>

Passport and visas

PASSPORT:

Your passport details are required to complete your booking. Please ensure the name on your passport matches the name on your booking and airline tickets. As a general rule most countries expect that your passport has a minimum of 6 months' validity remaining. Take a copy of the main passport pages and other important documents with you, and leave another copy at home with family or friends.

VISAS:

Visas are the responsibility of the individual traveller. The below country specific information was correct at time of writing, however please visit the relevant consular website of the country or countries you're visiting for detailed and up-to-date visa information specific to your nationality. Visas can take several weeks to process, so familiarise yourself with any requirements as soon as you have booked your trip to allow for processing time. Also remember to check whether a transit visa is required on route to join this trip or on the way home.

If you receive an immigration card upon entry, please ensure you keep this safe as it may be requested at point of exit. For further information regarding country entry and exit fees, please refer to the 'Money Matters' section of this document.

ARGENTINA:

Americans, Australian, Belgians, British, Canadians, Dutch, Germans, New Zealanders and South Africans do not currently require a visa for Argentina. For all other nationalities please reconfirm your visa or entry requirements with the Argentinean consulate in your home country.

CHILE:

Americans, Australian, Belgians, British, Canadians, Dutch, Germans, New Zealanders and South Africans do not currently require a visa for Chile. For all other nationalities please reconfirm your visa or entry requirements with the Chilean consulate in your home country.

Reciprocity tax for some passport holders:

If you are entering Chile at Santiago International Airport, Australians are required to pay a reciprocity fee (US\$117 payable in USD\$ or credit card only). The fee does not apply to travellers arriving at other airports or entering the country via land borders.

Medical and health information

GENERAL HEALTH

All Peregrine travellers need to be in good physical health in order to participate fully on this trip. When selecting your trip please make sure you have read through the itinerary carefully and assess your ability to cope with our style of travel. Please note that if, in the opinion of our group leader or local guide, any traveller is unable to complete the itinerary without undue risk to themselves and/or the rest of the group, Peregrine Adventures reserves the right to exclude them from all or part of a trip without refund.

You should consult your doctor for up-to-date medical travel information or for any necessary vaccinations and anti-malarial requirements before departure. We recommend that you carry a first aid kit as well as any personal medical requirements (including a spare pair of glasses) as they may not easily be obtained at the locations on this trip. For legal reasons our leaders and guides are prohibited from administering any type of drugs including headache tablets and antibiotics. Please ensure that you are adequately prepared.

WHO – WORLD HEALTH ORGANIZATION

The World Health Organization has identified the following mosquito transmitted diseases in this region:

YELLOW FEVER:

A valid international certificate of vaccination against Yellow Fever is required in many countries. You may need to present this on arrival at the airport or border crossing. Some countries will refuse entry if you are unable to present your certificate. It's also quite common for your home country to request a Yellow Fever certificate on your arrival back home.

It is your responsibility to check with your doctor well in advance of leaving home about the Yellow Fever requirements for the

countries you'll be visiting.

Food and dietary requirements

While travelling with us you'll experience the vast array of wonderful food available in this region. Your group leader will be able to suggest restaurants to try during your trip. To give you the maximum flexibility in deciding where, what and with whom to eat, generally not all meals are included in the trip price. This also gives you more budgeting flexibility. As a rule our groups tend to eat dinner together to enable you to taste a larger variety of dishes and enjoy each other's company. There's no obligation to do this though.

DIETARY REQUIREMENTS

Please let us know your diet requirements before your trip starts.

Generally speaking, in bigger cities/towns vegetarians can expect a reasonable range of vegetarian venues and/or vegetarian options within tourist restaurant menus. However, vegetarianism is not the norm in this part of the world so options can be limited when eating at homestays, small local restaurants, street stalls, markets, etc.

More restrictive diet requirements (vegans, celiac, gluten intolerance, fructose intolerance, lactose intolerance, etc.) can also be accommodated along this trip but you should expect a lesser variety than what you can expect at home. We recommend that, if possible, to bring your own supply of snacks with you.

SIMPLE BREAKFAST

Some of the included breakfasts along this trip can be quite simple: toasts, spreads, juice and coffee or tea.

Accommodation

Hotel

The style of accommodation indicated in the day-to-day itinerary is a guideline. On rare occasions, alternative arrangements may need to be made due to the lack of availability of rooms in our usual accommodation. A similar standard of accommodation will be used in these instances.

Throughout the trip we request that our lodgings prepare rooms in time for our arrival, especially if we're arriving prior to normal check-in time. However this isn't always possible which means we won't be able to check-in immediately on arrival at some hotels. Instead, we can store our luggage and explore our new destination.

If you've purchased pre-trip or post-trip accommodation (if available), you may be required to change rooms from your trip accommodation for these extra nights.

Hotel Rio Serrano, Torres del Paine, Feature Stay:

Located in an unrivalled position in Torres del Paine National Park, the family-owned Rio Serrano Boasts sensational views of the Paine Massif from its rooms and garden.

Transport

Private vehicle

Meals

Breakfast (11), Lunch (3), Box Lunches (3), Dinner (4)

Money matters

When it comes to money matters on the trip, every traveller is a little different. You know your spending habits better than we do, so please budget a sensible amount for things like drinks, shopping, optional activities, tipping and laundry. It's always better to bring a little more than you think you'll need. Also make sure you've read your trip details thoroughly so you know what's included in the trip price and what isn't. This should make budgeting a little easier. You'll find this info in the Inclusions section of your Essential Trip Information (that's this document).

The recommended amounts are listed in USD for the relatability of universal travellers, however the local currency is needed in the countries you are visiting.

CONTINGENCY FUNDS:

We try to plan for every eventuality, but there are still some things beyond our control. Please make sure you have access to the equivalent of an extra US\$500 for emergencies (e.g. severe weather, natural disasters, civil unrest) or other events that result in unavoidable changes to the itinerary (e.g. transport strikes or cancellations, airport closures). Sometimes these things necessitate last minute changes to enable our trips to continue to run, and as a result there may be some extra costs involved.

MEALS NOT INCLUDED:

For this trip we recommend between USD 20 to 40 per day. How do we work this out?

Lunch - If you are happy with a quick snack on the go, you may get away with as little as USD5 to USD10 for a set menu at a local eatery or a sandwich and a drink at a café. On the other hand, a lunch meal at a more tourist restaurant can cost between USD10 to USD15.

Dinner - At dinner time, your leader will normally recommend restaurants where you can safely try the local specialties of the region. Expect meals to cost between USD12 to USD25 for a main.

These are indicative prices only. If you are in a tight budget, are happy to eat just local food and are not afraid of an upset tummy every now and then, you can eat cheaper than this. If you want to try just the finest food at the finest restaurants, then you can expect meals to cost as much as in western countries.

CREDIT CARDS & ATMs:

ATMs are widely available in major towns and cities across Latin America. Credit cards are generally available in tourist shops and restaurants. Visa and Mastercard are generally preferred over American Express, Diners, etc. Smaller venues take cash only.

Check with your bank before departure that your card is accepted in the countries you are travelling to and what their fees and charges are. Also ensure your bank is aware of your travel plans as - suspecting fraud - they may cancel your cards after the first few international transactions. Be aware that your withdrawing limit may vary from country to country (regardless of your withdrawing limit in your home country) and it can be as low as the equivalent to USD100 per day.

If bringing over cash, please note USD100 bills with serial number CB or BE and any other USD bills that are old, torn, written or stamped on will not be accepted by local banks.

DEPARTURE TAX:

In most countries you must pay an airport departure tax. Nowadays, these departure taxes are added into the cost of your airline tickets and paid for at the time of purchase.

Unless mentioned below, no airport departure tax has to be paid during this trip.

Argentina Airport Tax:

At the time of writing this most airports in Argentina include the departure taxes in the air ticket, however at El Calafate and Ushuaia airports you will be required to pay a departure tax. Please check the most up-to-date amount with your booking agent.

Chile currency information:

The official currency of Chile is the Chilean Peso (CLP).

Argentina currency information:

The unit of currency in Argentina is the Argentinean peso (ARS).

TIPPING:

Gratuities aren't compulsory on your trip, but they can make a big difference to locals employed in the tourism industry. We suggest carrying small notes of local currency around as you go. It'll make tipping easier.

Usually around USD5 – USD10 a day to cover tips is fine, but your leader might raise the idea of a group tip kitty. Each traveller contributes an equal amount to the pool, and your leader can pay the tips as you go.

Tipping Guide:

To give you a bit of guidance, we've put together the following tipping notes. The recommended tipping amounts are listed in USD for the relatability of universal travellers. These are just suggestions, based on feedback from past travellers and our staff on the ground.

- Restaurants: Local markets and basic restaurants - round your bill up to the nearest USD1. More up-market restaurants we suggest 10% to 15% of your bill.

- Local guides: There might be times during the trip where you'll have a specialist local guide alongside your trip leader. We suggest tipping these guides about USD2 – USD3 per day.

- Drivers: You may have a range of drivers on your trip. Some may be with you for a short journey while others may be with you for several days. We suggest USD1-USD2 per day for drivers.

- Your Tour Leader: You may also consider tipping your tour leader for outstanding service throughout your trip. The amount is entirely a personal preference, however as a guideline USD2-USD4 per person, per day can be used. Of course you are free to tip more or less as you see fit, depending on your perception of service quality and the length of your trip. Remember, a tip is not compulsory and should only be given when you receive excellent service.

Packing

Most travellers prefer to take a small to medium wheeled suitcase, which is a great size for the packing capacity in our private vehicles. Whatever you take, be mindful that you will need to be able to carry your own luggage, handle it at airports, take in/out of accommodation and perhaps even walk short distances. Generally speaking, we recommend you pack as lightly as possible. You'll also need a day pack/bag for activities and day trips. In terms of weight, airlines generally allow a maximum of 20kg for check in luggage. However, Argentina is particularly strict on excess baggage and usually enforces a maximum allowance of 15Kg for check in luggage.

Other than the items and clothing you always need on a trip, below we have listed packing suggestions specific for this trip:

ESSENTIAL:

- Closed-in shoes will help to protect your feet from cuts and scratches when walking through cities as well as bush/grass-lands, and will also act as a barrier protection in rare cases against bites or stings
- Sun protection - hat, sunscreen, sunglasses

RECOMMENDED:

- Soft and/or hard copies of all important documents e.g. air tickets, passport, vaccination certificate, etc. and keep the hard copies separate from the originals. While not valid, a copy makes it very much easier to obtain replacements if necessary
- Water bottle - We recommend at least a 1.5 litre capacity (or 2 smaller bottles). The sale of bottled water contributes to an enormous environmental problem around the world. In addition to the water in bottles, the production of a 1 litre plastic bottle takes 2 litres of water and 200ml of oil. A large proportion end up in limited landfill or discarded in waterways and natural environments
- Electrical adapter plug (view www.kropla.com)
- Personal medical kit. Your guide will carry a large kit but we recommend you carry items such as mild pain killers, electrolytes and band-aids.
- Insect repellent
- Watch/Alarm clock or phone that can be used for both
- Head torch or Standard Torch/ flash-light (Very Important) and spare batteries.
- Day Pack - A day bag that has easy access to water bottles (external side pockets) or a day pack with a built in hydration bladder. This bag only needs to be large enough to hold the few things you need during the day (hat, water, camera, snacks, rain jacket etc)
- Waterproof, well worn-in walking boots - Good quality, comfortable footwear is essential. Whatever you wear on your feet the most important thing is comfort. It is vital to ensure your boots are well worn in and lightweight. Ankle support and waterproofing is recommended but if you already have something comfortable with good grip on rocks then don't go rushing out to buy new boots – you are better off with your well-worn in pair!
- Walking clothing - Its best to bring clothes that can be layered so you can adjust layers according to the weather which is ever-changing in Patagonia. Please ensure this includes a waterproof jacket and pants.
- Thermal underwear - Thermal wear is highly recommended, being light, warm and will keep you warm at night.
- Towel (for showers) and basic personal toiletries

OPTIONAL:

- Ear plugs to guard against a potential snoring room-mate
- Phrase book

VALUABLES:

Please try to avoid bringing unnecessary valuables, and use your hotel safe. It's also a good idea to purchase a money belt or pouch that is easily hidden.

LAUNDRY

Laundry tends to be more expensive than other parts of South America in this part of the world. It's best to wait for a two-night stop in order to make sure you get it back in time. Please expect to pay anywhere from ARS150 to ARS350 (USD10 - USD25) for a 2kg bag.

Group Leader

All Peregrine Adventures group trips are accompanied by one of our group leaders. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. Peregrine Adventures endeavours to provide the services of an experienced leader however, due to the seasonality of travel, rare situations may arise where your leader is new to a particular region or training other group leaders.

Your leader will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the places visited on the trip, including historical, cultural, religious and social aspects. At Peregrine Adventures we aim to support local guides who have specialised knowledge of the regions we visit. If you were interested in delving deeper into the local culture at a specific site or location then your leader can recommend a local guide service in most of the main destinations of your trip.

Safety

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure and ensure that your travel insurance covers you for all areas your itinerary covers. Please refer to our website's safety page for links to major travel advisories and updates on safety issues affecting our trip.

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe-keeping of your passport, air tickets, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of our hotels have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

Your leader will accompany you on all included activities, however during your trip you'll have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your leader will assist you with the available options in a given location, please note that any optional activities you undertake are not part of your Peregrine itinerary, and Peregrine Adventures makes no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Please also note that your Leader has the authority to amend or cancel any part of the trip itinerary if it's deemed necessary due to safety concerns.

For more details on the type of conditions and safety standards you can expect on your trip, please refer to Peregrine Adventures' operational safety policy on our website. We recommend that you take a moment to read through this information before travelling, and would appreciate any feedback on how well it's being implemented in the field:

<http://www.peregrineadventures.com/safety-updates>

PETTY THEFT AND PERSONAL SAFETY:

While travelling there is always the risk of pick-pocketing and petty theft, particularly in the more touristy cities. We recommend that you exercise caution when walking alone at night and encourage you to walk together and only on main, well-lit thoroughfares. Be particularly vigilant on public transport. Simple measures like carrying your day pack on your front, not hanging your bag over the back of your chair or on the floor and wearing a money belt will reduce any chance that your valuables should go missing.

MONEY WITHDRAWAL:

In order to avoid fraud, it is advisable that you withdraw money from ATMs located inside banks or guarded shops during business hours only.

SEAT BELTS:

Please be aware that local laws governing transportation safety may differ from those in your home country and not all the transport which we use is able to provide seat belts.

FIRE PRECAUTIONS:

Please be aware that local laws governing tourism facilities in this region differ from those in your home country and not all the accommodation which we use has a fire exit, fire extinguishers or smoke alarms.

A couple of rules

Illegal drugs will not be tolerated on our trips. Possessing or using drugs not only contravenes the laws of the land, but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for Peregrine travellers. Peregrine's philosophy of travel is one of respect towards everyone we encounter and in particular, the local people who make our destinations such special places. The exploitation of prostitutes is completely contrary to this philosophy. Our group leader has the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Everyone has the right to feel safe and secure on their trip. We don't tolerate any form of violence (verbal or physical) or sexual harassment at Peregrine, either between passengers or involving our leaders, local operators or locals. Sexual relationships (consensual or otherwise) between a leader and a passenger are unacceptable. If you ever feel another person is behaving inappropriately please inform us immediately by contacting the emergency contact number detailed in these trip notes.

Travelling on a group trip

As you travel on a group trip you will be exposed to all the pleasures and maybe some of the frustrations of travelling in a group. Your fellow travellers will probably come from all corners of the world and likely a range of age groups too. We ask you to be understanding of the various needs and preferences of your group - patience with your fellow travellers is sometimes required for the benefit of everyone's travel experience. Remember too that you have responsibilities to the group. If you are requested to be at a place at a certain time, ensure that you don't keep the rest of the group waiting. We have found time and time again that the very best trips we operate are those where the dynamics within the group work well - this takes just a little effort on your

part. Due to privacy reasons we are unable to provide you with contact details and any personal information about your fellow travellers booked on your trip prior to departure.

Travel Insurance

Travel insurance is compulsory for all our trips. We require that, at a minimum, you are covered for medical expenses including emergency repatriation. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects.

When travelling on a trip, you won't be permitted to join the group until evidence of travel insurance and the insurance company's 24 hour emergency contact number has been seen by your leader.

If you have credit card insurance your group leader will require details of the participating insurer/underwriter, the level of coverage, policy number and emergency contact number rather than the bank's name and credit card details. Please contact your bank for these details prior to arriving in-country.

Responsible Travel

We believe strongly in low impact or rather positive impact tourism. Broadly speaking this means that we try to minimise the negative aspects of tourism on the local cultures and environments that we visit and highlight the positive aspects. Please visit our website for further details and suggestions on how you can be a responsible traveller.

<http://www.peregrineadventures.com/responsible-travel>

The Intrepid Foundation

Help us change thousands of lives by creating meaningful work and supporting skills training in communities around the world.

The Intrepid Foundation is the not-for-profit for Intrepid Group. We work with local organisations around the world to improve the livelihoods of vulnerable individuals and communities through sustainable travel experiences. With our travellers' help, we've contributed more than AU \$6 million to over 100 community organisations since 2002.

Did you know that tourism is one of the biggest contributors to the global economy, making up 1 out of every 10 jobs? That's why we support local projects that create meaningful jobs and give people the skills they need to work in the destinations we take you to. And it's why we exist – to make it easy for travellers to give back to the communities and places they've been in an effective and meaningful way.

All donations to The Intrepid Foundation are matched by Intrepid Group dollar for dollar (up to AU\$10,000 per donor and AU\$500,000 in total each financial year, excluding emergency appeals). And because Intrepid Group covers all administration costs, every cent goes directly to the projects. Donating is simple and secure. Please ask your leader for information about the projects we support through The Intrepid Foundation or visit our website:

* Torres del Paine Legacy Fund -

The Torres del Paine Legacy Fund was launched in 2014 in response to challenges posed by a rapidly increasing number of tourists to the iconic yet fragile Torres del Paine National Park.

<https://www.theintrepidfoundation.org/torres-del-paine-legacy-fund>