



PEREGRINE
TRAVEL CENTRE WA

COAST TO COAST: St Bees to Robin Hood's Bay



A wonderful and inspiring route that ranks with the world's finest long distance walks.

ESCORTED by Mike Wood
September 14 to 02 October, 2019

TRIP LENGTH: 19 Days/18 Nights

TRIP GRADE: Moderate to Challenging - **OTHER:** Daily luggage transfer



OVERVIEW

The Coast to Coast is a classic long distance walk in total of some 300 km, crossing the North of England from St Bees on the shores of the Irish Sea to the North Sea at Robin Hoods Bay on the Yorkshire Coast.

It traverses the country passing through three National Parks and takes you through a real cross-section of England's finest landscapes - the route is renowned for its variety of beautiful scenery. It begins in the rugged mountains and beautiful lakes of the Lake District before crossing the rolling hills and pretty valleys of the Yorkshire Dales.

Shorter days occur early in this route where steep ascents are encountered in the Lake District. Longer days occur later where the terrain is much easier.

We have designed our itinerary over 18 days so there are no really long walking days - and we have included a rest day along the way in the market town of Richmond.

ACCOMMODATION



Accommodation is a combination of carefully selected Bed & Breakfast Guest Houses, Inns and Hotels with en-suite facilities.

ITINERARY HIGHLIGHTS



Day 1/Night 1 - September 14, 2019

Arrival Day St Bees

Arrive at St Bees on the shores of the Irish Sea and spend the evening at your first nights' accommodation.

Day 2/Night 2

Ennerdale Bridge 22.5km

Your journey from coast to coast begins by following a footpath along the impressive sandstone cliffs of St Bees Head before it turns inland and over farmland. There are fine views from the summit of Dent before you descend to Ennerdale Bridge and the edge of the Lake District National Park.

Day 3/Night 3

Rosthwaite 23km

You begin today by following a lovely path along the shores of Ennerdale Water. The route takes you through forest to reach remote Black Sail Youth Hostel, situated in one of the most dramatic and awe-inspiring locations in the Lake District. From here climb up steeply to Honister Hause (580m) and you are truly surrounded by Lakeland peaks before descending to picturesque Borrowdale, considered by many to be England's finest valley.

Day 4/Night 4

Grasmere 14.5km

A short day allows you time to savour the beauty of the Lake District as you cross over the fells from Borrowdale to Grasmere. Grasmere is a really charming village situated right in the heart of the National Park. Visit Dove Cottage, the best-known home of William Wordsworth, the school where Wordsworth once taught, now home to a famous Gingerbread Shop and St. Oswald's church, the last resting place of the Wordsworth family.

Day 5/Night 5

Patterdale 14.5km

From Grasmere, there is a lot more climbing to do - the route lies over the Helvellyn range either over the pass at Grisedale Tarn (610m), or for the more adventurous, via the summit of Helvellyn, England's 3rd highest mountain. The route drops down to Patterdale on the shore of Ullswater.



Day 6/Night 6

Shap 26km

The route takes you up to the ridge of a peak called High Street before going over Kidsty Pike, the last Lakeland summit on this route. This involves the largest daily ascent and descent of the walk, reaching 770m at Kidsty Pike. The path then follows the lake to the dam above the tiny village of Burnbanks, before continuing to Shap along grassy riverbanks, through parkland and across pastures.

Day 7/Night 7

Orton 13km

From Shap the scenery of limestone cliffs, moorland, pasture and scattered farmsteads is quite different from any other stage of the walk. Your destination today is Orton, a pretty village with a welcoming pub and a chocolate factory.

Day 8/Night 8

Kirkby Stephen 21km

Beyond Sunbiggin Tarn, the route takes you into Smardale, a delightful valley through which a railway once passed and an impressive viaduct can still be seen. Then it's over Smardale Fell and a descent into the quaint market town of Kirkby Stephen.

Day 9/Night 9

Keld 19.5km

The route today takes you over the Pennines. The 'normal' route is over the summit of Nine Standards Rigg but be prepared for substantial seasonal diversions. These diversions are due to excessive erosion on the original Wainwright route and the presence of grouse-shooting close to the public footpath in Ney Gill.

The view here is wide ranging with the hills of the Lake District behind you and the route ahead into Yorkshire close at hand. You enter the Yorkshire Dales National Park as you descend to Keld, approximately the half way point of your Coast to Coast walk.

Day 10/Night 10

Reeth 18km

There is a choice of routes on offer today. Follow either the official Wainwright route which keeps high above the valley following old lead mining trails, or the valley route that follows the River Swale through the meadows with their stone barns and unspoilt villages. There are pubs along the valley route at Gunnerside and Low Row where you can stop for lunch.

Day 11/Night 11

Richmond 17km

Enjoy a short walk today through pretty Swaledale to the bustling, market town of Richmond, the largest settlement on the route. On the way, you will pass the ruins of Marrick Priory and the pretty village of Marske. You should have ample time to explore the town in its delightful setting above the River Swale. There is plenty to see, not least the impressive Norman castle and the ancient cobbled market square with its wonderful shops.

Day 12/Night 12

Richmond EXTRA DAY

Day 13/Night 13

Danby Wiske 22km

Today you make your way across the Vale of York between the Dales and North York Moors National Parks. The route is a mixture of quiet country lanes and footpaths, across the fields, where the going is slower. Danby Wiske has a great pub built in the 1600's.

Day 14/Night 14

Ingleby Cross 14km

The hills of the North York Moors are getting closer as you approach the end of today's walk, in the village of Ingleby Cross.

Day 15/Night 15

Clay Bank Top 19km

Beyond the arable farmland of the Vale of York are the heather moorlands of the North York Moors. After visiting the delightful village of Osmotherley, the route takes to the hills again and enters the North York Moors National Park, with many ascents and descents over the Cleveland Hills.

Day 16/Night 16

Blakey 14km

The walk from Clay Bank Top to Urra Moor the highest point on the North York Moors is relatively easy. This is the best stage to enjoy easy walking combined with long vistas and purple moorland in August.

Day 17/Night 17

Egton Bridge 19km

As you approach the end of the journey, you follow the valley of the River Esk, through pleasant woodlands to Egton Bridge.

Day 18-Night 18

Robin Hood's Bay 26km

This is the final leg of the journey and one to savour and enjoy with some sustained ascents and then the route takes you across heather moors. The last section is three miles of magnificent cliff-top footpath along the coastal cliffs overlooking the North Sea. This leads you to the finish in the very steep old fishing village of Robin Hood's Bay, a quaint place that deserves time to explore.

Day 19 – October 02, 2019

Robin Hood's Bay

The trip finishes today after breakfast.

The Peregrine Travel Centre WA hope you have had a journey of a lifetime and welcome your choice to wander with us again.

FOR MORE INFORMATION OR TO MAKE A BOOKING:

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Full booking conditions and payment details available on request.

The Peregrine Travel Centre WA specialises in creating and tailoring exceptional walking, trekking and touring holidays in some of the most beautiful places on earth. This includes both escorted small group and self-guided trips, as well as individually tailored itineraries for privately organised trips.

We are passionate about sharing the places we love and offer our expertise to ensure our travellers enjoy rich and authentic travelling experiences. We select authentic and comfortable accommodation and our itineraries are focused on immersing travellers in the local culture and uncovering the hidden gems of a destination. We are committed to ensuring our travellers have a trip of a lifetime.

Full booking conditions and payment details available on request of our booking form.

Only two single supplement places are available at an additional AUD\$1,585.

A non-refundable deposit of \$900 is required to confirm your place, due to accommodation restrictions we need to secure hotel accommodation as early as possible.

Inclusions:

- Accommodation on a twin share basis with ensuite facilities. If you are single traveller, we can endeavour to match you up with a fellow traveller of the same gender.
- Breakfasts at our accommodation
- Daily luggage transfers of one bag

Exclusions:

- International flights and transfers
- Lunches and dinners except where specified
- Alcohol, laundry and items of a personal nature
- Any visa costs
- All participants must have travel insurance, contact us for a quote.