



Australasia

abel tasman explorer with mike wood



trip highlights

Join Mike Wood exploring the Abel Tasman
Marvel in the magnificent scenery of the
Abel Tasman National park

Join a sailing excursion through beautiful coastal waters

Stay in the luxurious Kimi-Ora eco resort for 3 nights

Climb to the summit of Mt Isobel at 1324 metres

Relax in the therapeutic waters of the thermal
hotpools at Hanmer Springs

Sample some world renowned Pinot Noir at a Waipara Vineyard



Trip Duration	5 days	Trip Code: SOG6670
Grade	Introductory	
Activities	Trekking	
Summary	3 nights eco-lodge, 1 night motel	

welcome to World Expeditions

Thank you for your interest in our Abel Tasman Explorer with Mike Wood trip. At World Expeditions we are passionate about our off the beaten track experiences as they provide our travellers with the thrill of coming face to face with untouched cultures as well as wilderness regions of great natural beauty. We are committed to ensuring that our unique itineraries are well researched, affordable and tailored for the enjoyment of small groups or individuals - philosophies that have been at our core since 1975 when we began operating adventure holidays. Our itineraries will give you the very best travel experience, designed by people with incredible local knowledge who share our vision of authentic exchange and real exploration with a responsible tourism approach. Whether you like your adventures to include trekking, touring, cycling, mountaineering, kayaking or cruising World Expeditions can make it happen for you. We hope you will join us for a life changing experience.

why travel with World Expeditions?

We've been operating quality active trips in New Zealand since 1992. Our unrivalled range of active holidays across the North and South Islands has helped travellers to journey to the very heart of these wild and mysterious landscapes.

Our unique range of guided small group active holidays travel well beyond the standard popular trails to help you discover the true essence of New Zealand's famous wilderness.

On our adventures in New Zealand you can also expect the right, proven equipment is provided for your tour; the food is delicious, plentiful and can be catered to your dietary requests; your guides are all First Aid trained; that the itinerary you have chosen has been carefully crafted from decades of personal experience in the New Zealand wilderness, not from a guide book recommendation.



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If you are travelling alone, we will arrange for you to share accommodation with another traveler of the same gender and if we can not match you up we will provide a single room at no extra charge.

If you prefer not to share, a single supplement is payable to guarantee your own room. Please refer to our website for the additional cost.

You will need to fly into Christchurch the day prior to the tour departure. Your guide will collect you from a central Christchurch location on the first morning of the tour. At the end of the trip you can either be dropped at the group hotel for the following hiking tour, or at a hotel of your choice in the central city.

the trip

New Zealand's Abel Tasman is a coastal paradise famed for its pristine coastline, golden sands, turquoise-blue seas fringed by lush native forest. Join Mike Wood on a stunning 5 day exploration deep into the National Park by foot, yacht and water taxi to discover some of the region's highlights. Departing from Christchurch, we'll transfer to our accommodation in an exclusive eco lodge at the gateway of the park, offering panoramic views over the Kaiteriteri beach. Day walks will take us between small bays and beautiful bushland along the Abel Tasman Walkway, and we'll sail around rocky headlands to spot wildlife including seals and penguins. Back at our resort each night we can relax at the pool or indulge in the spa with a glass of wine and home cooked meals. Our journey then takes us inland across the Southern Alps via Lewis Pass for our final night at the thermal spa town of Hanmer Springs. After a walk to a view point or a cycle in Hanmer Forest, we will return to Christchurch with the option to stop for a wine tasting at a renowned Wairapa vineyard. This program dovetails into The Ultimate NZ Southern Alps Trek with Mike Wood starting on 14th March 2021.

about your leader/escort

Our Guides are one of our biggest assets. We pride ourselves on the standard and quality of these great people who you will be spending your holiday with. They come from all walks of life but they all have a common desire to give you the best possible experience, heaps of fun and lots of fond memories to take home with you. We provide you with the services of two guides for many of our trips, (this may depend on the size of the group). All are certified in first aid and CPR and many are advanced mountain guides.

at a glance

DAY 1	CHRISTCHURCH TO KAITERITERI
DAY 2	ABEL TASMAN: WALK TO ANCHORAGE BAY & SAIL
DAY 3	ABEL TASMAN: WALK TOTORANUI TO ONETAHUTI BAY
DAY 4	KAITERITERI TO HANMER SPRINGS
DAY 5	HANMER SPRINGS TO CHRISTCHURCH

what's included

- Journey escorted by Mike Wood
- 4 breakfasts, 5 lunches, 3 dinners
- 3 nights eco lodge ensuite accommodation on a twin share basis
- 1 night motel on a twin share basis
- Professional qualified driver/guide
- Private vehicle transport
- Water taxi transfer and sailing boat expedition in Abel Tasman National Park
- Entrance to hot pools at Hanmer Springs
- Wine tasting at Waipara Vineyard
- Packs and poles (on request if required) - please let our staff know in advance
- Water and snacks while trekking
- Concession fees paid to the Department of Conservation
- New Zealand Goods and Service Tax (GST)

what's not included

- International or domestic flights and taxes
- Arrival and departure transfers
- Meals not mentioned in the itinerary
- All beverages, other than breakfast



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trip dates

2021 09 Mar - 13 Mar

fast facts

Singles:

A single supplement is available for this trip*

Leader:

Expert local leader

Advice for people with limited mobility

This trip is not suitable for people with limited mobility.

*Ask our staff for more information

- Water bottle (help us save the environment and bring your own drink bottle or hydration system)
- Optional activities (waka canoe expedition, sea kayaking, activities from Kaiteriteri not included in itinerary, mountain bike hire from Hanmer Springs)
- Personal expenses (eg. phone calls, internet, laundry, shopping etc.)
- Travel insurance
- Visa (if required)
- Tips

detailed itinerary

DAY 1 Christchurch to Kaiteriteri

We will collect you from a central city location in Christchurch around 08:00am before we drive north towards the Southern Alps. We follow the scenic highway 6 through the mountains and over the Lewis Pass towards Springs Junction and Murchison, before arriving at Kaiteriteri and the gateway of the Abel Tasman National Park. Today is mainly a driving day, but we make some short stops to stretch our legs and have refreshments. On arrival, we settle into our comfortable eco lodge and take a walk through the gardens, or a dip in the pool before we meet for our first group dinner.

*Please note you must arrive the day prior to Day 1

meals: L,D

DAY 2 Abel Tasman: Walk to Anchorage Bay & Sail

Today the famous Abel Tasman beckons and we enjoy a half day hike into Anchorage Bay on the Abel Tasman walkway. The track sets away from Marahau crossing the estuary using a causeway to Tinline Bay. Our footpath hugs the coastline through the native bush and gives us glimpses out to sea. We continue around Guilbert Point to Apple Tree Bay, and after Yellow Point it turns inland, winding in and out of several little gullies before emerging in open country overlooking the vast Rakauroa/Torrent Bay.

We relax on the beach with lunch overlooking Torrent Bay and then board our yacht for an exciting afternoon sail around the heads. We can try our hand on deck to catching the sea breeze and sail back through the best of the Abel Tasman coastline via secluded beaches, bays and estuaries to Kaiteriteri. Returning to our resort we can have a swim or spa and relax before dinner.

Walking Distance: Marahau to Anchorage 12km - 3 to 4 hours

meals: B,L,D

DAY 3 Abel Tasman: Walk Totoranui to Onetahuti Bay

This morning we transfer by vehicle over the Takaka Hill to Totoranui to discover the lesser explored northern part of the Abel Tasman National Park. We set off from the visitors centre on the edge of the vast golden beach. Our track heads into the bush to a view point at Skinners Point, before crossing the sandy beach at Goat Bay. We have to time the tides right to cross the wide Awaroa Inlet, before heading back into the

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thoughtful travel

The natural environments that you'll travel through are fragile; the cultures and traditions precious and often the communities we pass through are reliant on tourism. It is our responsibility as visitors to minimise the impact of our presence, protect what is precious and where we can leave a positive impact. Learn how you can do this by downloading the Thoughtful Traveller booklet from our website.

trip grading Introductory

To determine the grade of a particular adventure we consider a number of factors. These include the condition of the terrain, the altitude, the number of pass crossings and the length of the trip.

This itinerary utilises formed tracks on all of the walking undertaken. The trekking is as expected for a trip of this introductory grade with no unexpected surprises in steepness. In general the hikes are of a half day duration which usually requires around 4 - 5 hours walking. The tracks are well formed and often have information panels available for additional detail. For you to be able to really enjoy this trip we recommend that you are to walk comfortably for a few hours at a time (with breaks included).

We recommend 90 minutes of aerobic type exercise, (either cycling, jogging or power walking) three times a week for the three months leading up to your trip.

forest and over the low Tonga Saddle to reach the beautifully curved sandy beach at Onetahuti Bay. We enjoy a picnic lunch and have time to swim and relax before our water taxi collects us in the early afternoon and return us to our lodge.

The rest of the afternoon and evening are free to relax for more walks on the beach, or hire a bike from our hotel and later make our own dinner arrangements.

Walking Distance: Totoranui to Onetahuti Bay 14km - 3 to 4 hours

meals: B,L

DAY 4 Kaiteriteri to Hanmer Springs

This morning there is the option to try our hand paddling a waka (traditional Maori canoe) in an early morning expedition taking us along the coast to the famous Split Apple Rock. We will learn the etiquette (tikanga) associated with waka before becoming familiar with the boat and embarking on our journey (haerenga). Others might prefer a stroll on the beach or to embark on a morning of sea kayaking. Your guides can assist making any bookings for this morning's activities. By midday we set away and drive south back across the alps to Hanmer Springs, a thermal resort nestled under the mountain ranges.

This evening we have a dip in the hot pools before meeting for dinner.

meals: B,L,D

DAY 5 Hanmer Springs to Christchurch

Today we have the choice of a challenging walk to the summit of Mt Isobel (1324 metres) for panoramic views of the Hanmer Basin and beyond, or the easier Conical Hill for a stroll through the forest. Others might prefer to hire a mountain bike and explore the trails of the Hanmer Forest (self-guided), revisit the hotpools or explore the little town of Hanmer Springs. After lunch we set away on the return drive to Christchurch, but not before stopping at one of the famous Waipara vineyards to sample some local produce, notably the Pinot Noir, Chardonnay and Riesling. We will arrive back into Christchurch around 6-7pm where you will be delivered to your central city hotel.

Walking Distance: Jacks Pass to Mt Isobel Rtn 6km - 3 hours

meals: B,L

This itinerary is subject to change with any change in Community regulations as well as Governmental changes and natural circumstances beyond our control.

country information

Stretching North to South for over 2000 km, and split into two main islands - the North and the South Islands - New Zealand is a country of diverse landforms. From the Pacific Island beaches and rolling farmlands in the north, to the volcanic plateau and then onto the soaring mountains within view of the sea in the south, and the sub-Antarctic islands that dot the South Island coastline, the contrasts are many.

The South Island is the 12th largest island in the world. The west coast is dominated by the Southern Alps, which contain more mountains than the European Alps altogether, and home to New Zealand's highest peak, Aoraki Mount Cook (3754m / 12,316 ft). The Main Divide, the chain of peaks that forms the backbone of the Alps from Arthur's Pass to Fiordland, splits the South Island into east and west. Several ice ages, and the fact that two continental plates are sliding past each other forming the Southern Alps, means that the scenery is as rugged as the New Zealand fauna and flora is unique. The largest city in the South Island is Christchurch.

The North Island is the smaller of the two main islands of New Zealand. Its northern location means it enjoys a warmer, more temperate climate than much of the South Island, and is much more vastly populated. The centre of the island is primarily a volcanic landscape with vast

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adventure travel

By its very nature adventure travel involves an element of the unexpected. In remote and developing countries do not expect standards you are used to at home. Remote areas are sometimes unpredictable and itineraries may be altered. To get the most out of your adventure it is important that you are flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak with your consultant or travel agent.

important note

These trip notes represent the most current information for this itinerary, and may supersede any information in the current brochure, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control.

forests, volcanic peaks, and picturesque lakes. The eastern side of the island is covered with vineyards. Auckland, also known as the 'City of Sails', is the largest city of New Zealand and found on the North Island.

With a population of 4.0 million people, the wilderness areas of New Zealand are many as most 'Kiwis' now live in an urban situation near the coast. The Maori are the indigenous people of the land and they named it Aotearoa 'Land of the Long White Cloud' upon their arrival 1000 years ago. Europeans settled in the early 1800s and the country is alive today with a market driven economy and a blend of European and Asia/Pacific influences to create a buoyant South Pacific culture.

climate

As a general rule, November to April are the most ideal months for travelling in New Zealand's stunning outdoors. One of the most important things travellers need to know about the New Zealand climate is that it's a maritime climate, as opposed to the continental climate typical of larger landmasses.

Thanks to its position in the path of the 'Roaring 40s' and mountainous terrain, New Zealand's weather can frequently change with amazing rapidity. Because the weather can change so unexpectedly you should be prepared for sudden changes in temperature and weather conditions. This basically means having a good waterproof jacket and some warm clothing. You don't need to bring your winter wardrobe but a good fleece/jumper and good thermals are a must.

The temperature during the South Island summers range from 10-30 °C, with a pleasant 40-50% humidity. Higher altitudes are always considerably cooler and snowfall is not uncommon even in summer. The Southern Alps act as a barrier to the moisture laden winds coming west across the Tasman Sea, creating a wet climate on the west side of the mountains and a drier climate on the east side. The geography also creates a wind pattern, which can in summer be very hot, dry and fierce. Maximum temperatures we may encounter range up to 30°C. Minimum temperatures expected in the Southern Alps in Summer time are around -5°C. Weather is an integral facet of any mountain range and getting to understand and work with this major environmental factor is what will make you more prepared for your tour – any questions about what to expect on your tour talk to one of our sales team.

dietary requirements

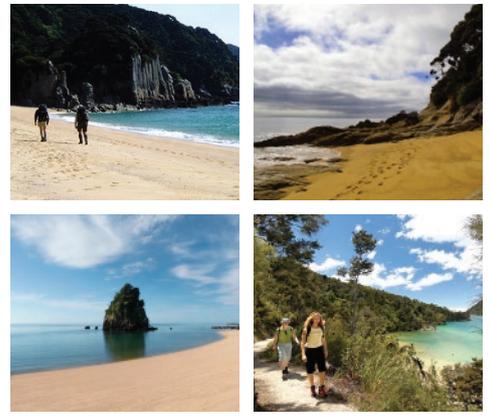
Provided we are advised in advance of your departure we are able to cater for vegetarian diets and can assist with medically recommended diets (allergies and intolerances). Please ensure you discuss your requirements with us well in advance (at least 1 month prior to your trip) to determine whether we can cater to such dietary requirements on your chosen adventure. Please note that options are likely to be limited in very remote locations or alternatives may be more expensive or unavailable. There may be times when those with special requirements may need to provide their own food. We are unable to guarantee a peanut-free or allergen-free trip, and therefore, we strongly encourage that travellers with life-threatening or severe allergies take all necessary medical precautions to prepare for the possibility of exposure. Passengers must travel with all necessary medications for food allergies and be capable of self-administering these medications.

accommodation on the trip

The accommodation for this trip has been carefully selected to provide comfort and value in the best locations possible. The accommodation is on a twin share or double room basis with private facilities. If you wish to reserve a room to yourself a single supplement is available at extra cost.

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Please note: although every endeavour is made to stay at the accommodation detailed in the itinerary, occasionally, due to seasonal shortages, we need to use other accommodation of a similar standard.

pre and post tour accommodation

If you would like some help booking pre/post tour accommodation at the Pavilions Hotel in Christchurch speak to our staff as they can help.

what you carry

The walks on the tour are day walks so a small pack with personal essentials is all you will need to carry. The support vehicle will then take the rest of the equipment.

equipment required

Sturdy walking shoes or boots with good ankle support that are well broken in are essential. Hiking poles are useful and optional. A comprehensive gear list is included with your trip confirmation.

vehicles & safety

During the course of your trip, we will use a variety of vehicles, all of which are fit for purpose and the conditions encountered. It should be noted that laws governing transportation safety may differ from those in your home country and whilst wherever possible, vehicles with seatbelts are provided, on occasion some vehicles may not have seat belts fitted.

visas

«cat:Countries:visainfo»

Please bear in mind that visas may be required for countries you are visiting en route or transiting through on the way to your destination. It is important that you check the requirements of all countries you will visit. Visa costs and requirements do change regularly so we suggest you check with your travel agent or World Expeditions reservations consultant. It is your responsibility to obtain all necessary visas.

info nights

World Expeditions invites you to attend our inspiring adventure travel information nights. These special evenings are designed to inform and entertain and are hosted by our most experienced and passionate adventure travellers and mountaineers. Ask our staff for a info night schedule or register on our website - www.worldexpeditions.com. Shows can fill early so it is important to register your attendance so we know to save a seat, or two.

private groups

The adventures featured in our brochures, and on our website, are just a starting point for many of our private group travellers. Working closely with our Groups Department we can organise custom designed itineraries for groups of friends, clubs, charity's, schools or even work colleagues. Our team will assist you with all aspects of your private group adventure from itinerary design to group flights. Contact our team today.

subscribe to our e-newsletter

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social networking

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YOUTUBE: World Expeditions

Subscribe to our channel at youtube.com/worldexpeditions

Share the love

Use the hashtag #WorldExpeditions on your best travel photos and videos to be featured.

trip availability

If this trip seems right for you then we encourage you to call us now to check availability. There are many reasons why you may not be able to join your desired departure and limited space on our small group departures is just one of them. Many of our adventures require us to secure services on your behalf; such as trekking permits, train travel and visa invitation letters. The demand is increasing each year making it difficult to join a trip last minute. To ensure we can assist you onto your adventure of a lifetime we ask that you check your trip availability with our team at your earliest convenience.

how to book

To book a World Expeditions trip, you will need to complete a booking form and pay a non refundable deposit which you can do by using our online booking function for most trips, or if you prefer, download a booking form from the website and return to us by fax, or mail your booking form and deposit to your nearest World Expeditions office or travel agent. We can also help you with any additional arrangements that you require, such as competitive airfares to get you to your destination, stopovers, pre or post trip accommodation or any additional tours that you wish to take in conjunction with the main World Expeditions trip.