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Valid for departures: From January 1, 2017 to January 1, 2020



Cycle the Baltics Trip Notes

- Ways to Travel:** Guided Group
- Destinations:** Estonia, Latvia, Lithuania
- Programmes:** Cycling

Trip Code:
MVB



11 Days Flight Inclusive
11 Days Land only
Min age: 16

Trip Overview

Crossing Estonia, Latvia and Lithuania, this ride will take you on a journey of discovery through historic cities, untouched wilderness and along breathtaking coastline. Our trip will start in Tallinn where the fairytale architectural style sets an enchanting scene. This will feature throughout the trip as we journey through Tartu, Riga, Trakai and Vilnius. Between the architectural highlights, we will also enjoy some of the best cycling this region has to offer, through beautiful national parks and along idyllic coastal paths.

At a Glance

- 9 days cycling with full vehicle support
- 80% tarmac roads, 20% gravel paths
- Group normally 6 to 16 plus leader. Min age 16 yrs
- 10 nights hotels, all en suite

Trip Highlights

- Cycle through three unique countries
- Discover fascinating capital cities
- Visit the fairytale Trakai castle

Is This Trip for You?

Average daily distance: 45km (28 miles)

9 days cycling with full vehicle support

Our cycling routes follow mainly quiet backroads, paths through national parks and coastal cycle tracks. There are some undulating sections, so a moderate level of fitness is required, though the majority of the route is flat. As we are covering a large area there are bus transfers on most of the cycling days, this enables us to cover the distances to see all the highlights and use the bikes to cover the best bits.

Please note that before reaching the cities, the leader will give you information on their history and places of interest and will guide you into town, however, they are not allowed to give you a guided tour of the city once you are there due to restrictions of tour leaders, only official city guides are allowed to do this. You will have the choice of wandering around the cities at your own pace, or you can pay locally for a guide. We will leave this up to you.

Following a review of all our trips we have categorised this trip as generally not suitable for persons of reduced mobility. However if you are a regular traveller on such trips, please contact customer services to discuss the trip and your personal condition.

Group

The group is normally 6 to 16, plus 1 local leader and driver.

Adult min age: 16

Min group size: 6

Max group size: 16

Itinerary



Land Only Itinerary

Day 1

Start Tallinn; transfer to hotel.

On arrival, there should be some time to explore Tallinn. Tallinn is a fascinating historical city with many sites to explore. We recommend strolling through the streets of the Old Town to Raekoja Plats (Town Hall Square); the square historically served as a market and meeting place and is surrounded by elaborate merchant houses - the perfect setting to enjoy a coffee. If you find the round stone with a compass rose in the middle of the square you will be able to see the 5 church spires of the old town. The Cathedral of Saint Mary, St. Alexander Nevsky and St. Olav's Church have long characterised the skyline of the old town and are well worth a visit, as are the old town walls.

Braavo Hotel or similar

Day 2

Explore Tallinn; transfer to the Lahemaa N.P. for a scenic ride.

This morning there is some free time to further explore Estonia's capital (timings will be confirmed by the guide in the welcome briefing). In the afternoon we leave Tallinn behind and drive out of the city (approx. 1h), we will begin our first ride through National Park Lahemaa. The park, one of the last unspoilt regions of the Baltic Coast, extends over 700 square kilometres. Its nature is rich and unique. Here you will cycle through thick woods, marshes and lakes. Above all, the coastline is what makes this area so distinctive. It is also a rich environment for wildlife with moose and wild boar, although difficult to spot, and over 220 species of bird - keep your eyes open! Our accommodation for the evening is situated in the national park itself and is in a spectacular setting in the grounds of an old distillery.

Park Hotel Palmse or similar

Meals included: Breakfast

Distance covered: 30 km / 18 miles

Day 3

Full day riding through Lahemaa N.P.

Today we have a full day to explore the largest national park in Estonia and one of the biggest in Europe. We will embark on a circular route taking in as many of the parks wonderful attractions as possible. Starting from Palmse Hotel (the former park manor house), we will pass Sagadi manor, the 400 year old fisherman's village of Altja, the popular seaside resort of Vosu, and Kasmu village which is home to the fisherman's museum. We finish the loop cycling back through Estonian forests and meadows until we arrive at the hotel.

Park Hotel Palmse or similar

Meals included: Breakfast

Distance covered: 55 km / 34 miles

Day 4

Transfer to Peipsi and cycle along the shore of the lake; transfer to Tartu.

We start the day with a bus transfer to the shore of Peipsi Lake (approx. 1.5h), then start cycling from the 17th Century fisherman's village of Mustvee. From here we pass through ancient towns and churches. Following an old Russian tradition, villages in Peipsi only have one street. Because of this, the shore of Peipsi Lake is one long street with lots of small settlements dotted along it. We continue cycling into Varnja and then transfer to Tartu (approx. 30min).

Tartu Hotel or similar

Meals included: Breakfast

Distance covered: 56 km / 34 miles

Day 5**Cycle through 'Estonian Switzerland' to Otepaa; transfer to Riga.**

After breakfast, we have a 40km transfer to Otepaa. This area is known as 'Estonian Switzerland' because of its stunning scenery and pine forests. As you would expect, there are a few hills on today's ride, though nothing too steep and challenging with the gradient not going above 7%. Once over the hills, we cycle through beautiful forest and meadows and past Lake Puhajarve on our way to Sangaste town. We will visit the park and castle in Sangaste - walking up the castle tower gives us a great view over Otepaa and the surrounding green natural areas. After visiting the castle we continue cycling to Valga city, and from here we transfer by bus to Riga (approx. 2.5h), our base for the next two nights.

Ibis Centre Riga or similar**Meals included:** Breakfast**Distance covered:** 48 km / 29 miles

Day 6**Cycle to Jurmala; transfer to Riga for the night.**

Our journey today will start in the bustling town Riga, Latvia's largest town and capital city. The city has a mediaeval old town which is famous for its wooden buildings and art nouveau architecture. We will then follow the cycle paths to the beautiful town of Jurmala, which is famous for its incredible wooden buildings and 19th Century Russian villas. Jurmala is also one of Latvia's largest seaside resorts - it has a 33km stretch of white sandy beach for us to explore on our bikes. There will be plenty of time to have a swim in the sea before we transfer back to Riga for the night.

Ibis Centre Riga**Meals included:** Breakfast**Distance covered:** 39 km / 24 miles

Day 7**Transfer to Sventoji; cycle to Klaipeda.**

After breakfast, we leave Latvia and transfer directly to Lithuania (approx. 4h). We begin our ride in Sventoji on a beautiful cycle route to Klaipeda, which lies along the Baltic Coast. On the way we pass Palanga, a traditional bucket and spade seaside town with a long stretch of sandy beach. It's a really fun place to stop, have a wander around, a dip in the sea, and see one of the most favoured seaside towns among Lithuanians. We will visit the Palanga Botanical Gardens and manor house which is now home to the amber museum. There are numerous cafes to sit and enjoy the atmosphere and have some lunch before we set off again for our final destination of Klaipeda, our base for two nights. Our hotel is close to the Old Town, so a good spot from which to explore.

Amberton Hotel Klaipeda or similar**Meals included:** Breakfast**Distance covered:** 43 km / 26 miles

Day 8**Transfer to the Curonian Spit N.P.; explore by bike.**

We transfer to Nida (approx. 1.5h including the ferry ride), known as the town of retreat, and an artist's resort. It was home and inspiration for two summers to the author Thomas Mann and its affluent feel and tranquillity encourages the feeling that you are on a holiday within a holiday. From here we explore the 68km long Curonian Spit. The high dunes (up to 60m) running along the spit have encouraged the local people to refer to the area as the 'Lithuanian Sahara'. During our ride we will make a stop in Juodkrante and admire the bizarre wooden carvings on what is known as Witch Hill. The sculpture park was started in 1979 and now has more than 70 wooden carvings representing characters of Lithuanian folktales and legend. We will then continue along the spit with the Baltic Sea extending far into the distance. We finish the ride at the ferry port, and from here we take the ferry across the lagoon then transfer back to the hotel in Klaipeda for the night.

Amberton Hotel Klaipeda or similar**Meals included:** Breakfast**Distance covered:** 63 km / 39 miles

Day 9**Transfer to Kintai village; cycle to Vente Cape and Silute; transfer to Vilnius.**

We start the day with a bus transfer to Kintai village (approx. 45mins), and from here we cycle through dense green forests and beautiful meadows to Vente Cape. There is a lot of wildlife at Vente Cape as it is a popular resting place for birds on their migration, and it's home to one of the first bird ringing stations in Europe. We will visit the 11m high lighthouse which offers breathtaking views of the lagoon and golden sand dunes of the Curonian Spit; the lighthouse is a fascinating place, built in 1863 when the cape was still part of Germany. We continue cycling to the town of Silute where we get on the bus and transfer to Vilnius (approx. 4h).

Panorama Hotel or similar**Meals included:** Breakfast**Distance covered:** 37 km / 22 miles

Day 10**Transfer to Trakai; cycle around town and visit Trakai Castle; return to Vilnius.**

After breakfast, we transfer by bus to the small village of Semeliskes (approx. 1h). From here we have a picturesque ride over undulating terrain to Galve Lake. Here the magical and famous Trakai Castle sits, as if floating on its own island in the middle of the lake - it's a truly magical place. We will explore the surrounding areas of the lake and visit the Castle before transferring back to Vilnius for the night.

Panorama Hotel or similar**Meals included:** Breakfast**Distance covered:** 25 km / 15 miles

Day 11**End Vilnius.**

We have a free morning in Vilnius before the trip ends here.

Meals included: Breakfast

Accommodation**Hotels**

10 nights in 3-star hotels, all with en suite facilities in good locations. There are some fantastic hotels on this trip, including two nights in a converted distillery set in the magnificent grounds of the Lahemaa National Park.

Where a single supplement is available, paying for a single only guarantees a room for single use. It does not always mean a twin or double room will be provided for sole occupancy.

Single supplement from \$502.25 AUD

Food & Transport**Eating & Drinking**

All breakfasts included.

Breakfast: These will be taken in the hotels. In most places, these will be buffet style and will offer plenty of choice including cold meat, cheese, eggs, bread, jams and juice.

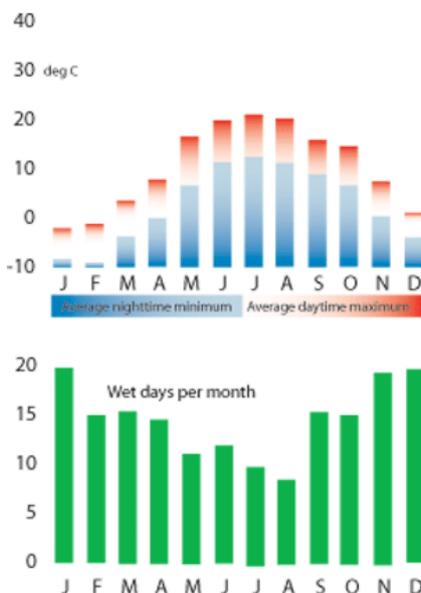
Lunches: On many of the days due to our remote rides there will be the option to buy a picnic from the hotel or get supplies on the way - we can then chose a spot on our ride to stop for a break. This means we can be flexible and chose the best views for lunch. On some of the days there will be opportunities to buy lunches in cafes in the towns that we go through such as Palanga. **Dinners:** These will be taken in the hotels or in restaurants and will be hearty meals. Cuisine in this area is often centred around pork, veal, fish, potatoes, sauerkraut and soups such as borsch (beetroot soup with meat, in Lithuania this is also served cold). In Trakai, Kibinai are very popular, these are large savoury baked pastries traditionally filled with lamb or beef and are very good.

Transportation

The group is accompanied by a transfer bus with a trailer to carry the bikes. In places the routes follow cycle paths where the bus is unable to follow, so it is important that you are comfortable cycling the distances, however, the routes are not challenging.

Weather & Seasonality**Weather Information**

The climate is largely influenced by the Baltic Sea. The summers are warm with temperatures from 20 to 30 degrees celcius. In the evenings the temperatures will not drop too much. There is little rain in the summer but of course it is always a possibility so it is best to be prepared. The days will be long, with up to 19 hours of daylight. In spring and autumn there is the possibility of light rain. Estonia is the furthest north and therefore the coldest, although the temperature range described applies. Lithuania is the furthest south, which makes it the warmest country of the three. Estonia is often described as more Scandinavian than the other two countries.

Weather Charts**Estonia****Joining Instructions****Travelling flight inclusive from London: 11 days**

The group flight from London is a daytime flight departing on Day 1 of the itinerary. We normally use the scheduled services of Lufthansa (depending on availability). As flight timings and schedules change regularly we recommend you call one of our specialist sales staff or your agent to confirm up-to-date timings. Please note timings may change at a later date and cannot be confirmed until approximately two weeks before departure.

UK Regional Flights

The Flight Inclusive price is based on a London departure, but we are happy to tailor this to your local or regional airport. Please visit www.exodus.co.uk/regionaldepartures (http://www.exodus.co.uk/regionaldepartures?__hstc=173457148.f2ba21d2ccabb491f5924f600f1a2876.1547513532465.1554965003103.1555053323319.13&__hssc=173457148.4.1555053323319&__hsfp=1855314)

for a useful overview of the options available, and contact our sales team for expert advice. If booking regional flights other than with Exodus, you must allow a minimum connecting time (in addition to the international check-in time) of 1 hour at Gatwick, and 1½ hours at Heathrow; this is longer than the official minimum, but baggage handling is known to be subject to delays.

Travelling land only: 11 days starting in Tallinn and ending in Vilnius

Your trip normally starts at our accommodation in Tallinn in the afternoon of Day 1 of the itinerary. Details of how to reach the start point are provided in the Final Joining Instructions - sent approximately two weeks before departure.

Regional Flights

The Flight Inclusive price is based on a London departure, but we are happy to tailor this to your local or regional airport. **Please ask about flights from local or regional airports. (/au/regionaldepartures)**

If booking regional flights other than with Exodus, you must allow a minimum connecting time (in addition to the international check-in time) of 1 hour at Gatwick, and 1.5 hours at Heathrow; this is longer than the official minimum, but baggage handling is known to be subject to delays.

Full joining instructions including local emergency numbers will be sent to you as part of our Final Joining Instructions. If you do not receive these at least a week before departure, or require them earlier please contact our office or your travel agent.

Transfers Details

Airport transfers are included for those on the group flights. Please note that transfers are not included for clients arriving on any other flight, even if Exodus has booked it.

If you require airport transfers, you may (by prior arrangement only) be able to join the group transfer. Transfers are arranged to coincide with the arrival time of the group flight - please check the group flight details 2 weeks before departure. If you do not take this transfer, or miss it, you must make your own way to the joining point at your own expense.

Location start: Tallinn

Location end: Vilnius

What to Take**Essential Equipment**

We recommend packing the following items:

Normal daily clothes

Cycling helmet (compulsory on all Exodus cycling holidays)

Padded cycling shorts and gloves

Breathable top or cycling jersey

Sunglasses/eye protection

Stiff-soled shoes suitable for cycling

Waterproofs and long cycling trousers

For the earlier departures you may need some warmer layers

Sun cream

Water bottle

Insect repellent

Reflective strips

Cycling of all kinds has its dangers and accidents can happen from time to time. Please ensure that you are properly prepared for the riding you are going to undertake.

Water Included

Plastic bottles are a big issue in many countries where recycling isn't yet widely available; they often end up in landfill sites or get burnt, both processes are harmful to the environment and we would like to reduce our impact here. For your trip we provide an alternative to single-use plastic bottles in order to reduce the amount of plastic used. This means that safe drinking water will be available throughout so all you need to do is bring a bottle to re-fill along the way. Please add this to your packing list!

Equipment Hire

Local Bike Details: Kalkoff Voyager 8-speed touring bikes with front suspension. (Panniers for the bikes will be provided for each customer)

Discount for bringing your own bike: £90.

Bringing Your Own Bike

If you prefer the familiarity of your own bike, you may of course bring it along. Please advise us at the time of booking and you will receive a discount off the price of the holiday, as specified above. You will be responsible for any extra baggage charges, please speak to our Sales team for individual airline fees. Any clients bringing their own bike should ensure they have adequate cover for loss, damage or theft under their travel, home contents or a specialist insurance policy. If Exodus is confident that we have taken all reasonable care to ensure the safety of your bike, in the rare event of loss, damage or theft you will need to claim under your own insurance policy.

Extra Bike Bits

You may like to bring your own pedals and saddle (excluding the seat post) or gel saddle cover to fit to the hire bikes. We encourage this, if it is your preference. However, please note that you are responsible for your own equipment, and removing your saddle/pedals at the end of the trip. We cannot guarantee the return of any bike parts left behind.

Exodus Policy on Cycling Helmets

Wearing a helmet is mandatory for anyone taking part in any guided Exodus cycling holiday. Group members must bring their own helmets, as they are not available for hire, even if they are hiring a bike from Exodus.

For self-guided cycling holidays wearing a helmet is highly recommended. Customers who choose to ignore our advice do so entirely at their own risk and on the understanding that it may affect the validity of their travel insurance. It should also be noted that in some countries we travel to wearing a helmet is already a legal requirement.

Cycling of all kinds has its dangers and accidents can happen from time to time. Please ensure that you are properly prepared for the riding you are going to undertake.

Recommended Cycling Clothing

Padded cycling shorts (with loose 'over-shorts' where recommended), breathable clothing, and a lightweight waterproof/windproof top. Shoes with relatively stiff soles are better for biking, but are not essential unless you are cycling long distances. Most people want to carry certain items with them during the day while cycling, for this we recommend a large bum-bag or small close-fitting daysack.

E-Bikes Available

Electric bikes offer all the thrills and healthy exercise of a regular bike, but with one crucial difference - power! A tiny electric motor (capped at 25mph) assists your pedalling, allowing you to make molehills out of mountains. Cycle further, see more, have more fun. They are just perfect if you want to try a trip with companions of differing fitness level - or a trip at a slightly harder grade - and want to know there's a bit of motor power available if you need it.



Practical Information

Passport

Estonia

All nationalities require a full passport that must be valid beyond the intended length of stay. It is your responsibility to have the correct personal documents and to obtain your own visa, if one is necessary, in accordance with the regulations of the country you are to visit. The information offered below is to help you with that process. We are not responsible for the actions of local immigration and customs officials, whether at points of entry or otherwise, and any subsequent effects.

Visa

UK passport holders do not need visas for this trip. Other nationalities should check with the relevant embassies.

Visa regulations can change without notice: please check the current regulations in good time to obtain a visa if one is required.

There are no specific health risks on this trip.

Vaccination

No vaccinations are obligatory.

Travel health can often be something people forget about before going away, but a little preparation and knowledge can go a long way to help you stay fit and healthy while abroad.

The Travel Health Pro website recommends to have a rabies vaccination on this trip, as cycling is considered a higher risk activity.

The above information can change at short notice; as we are not qualified to answer all your questions about travel health we strongly recommend you contact your Medical Professional or a Travel Health Clinic at least 8 weeks prior to departure for up-to-date information. Please note: vaccinations that are routinely recommended to residents of the UK, North America or Australasia are not considered to form part of the travel health advice, and you should ensure these are kept up to date where necessary.

For additional information please visit: <https://travelhealthpro.org.uk/countries> (<https://travelhealthpro.org.uk/countries>)

Insurance - are you adequately covered?

It is a condition of joining any of our holidays that you must be fully insured against medical and personal accident risks (to include repatriation costs and air ambulance or helicopter rescue services where appropriate). On arrival in destination for your trip, you will be asked to present details to your leader or local representative of your policy.

If you are resident in the UK we strongly recommend the **Exodus travel insurance policy (/au/insurance)**, this is specifically designed to cover all activities on your trip. If arranging your own policy please ensure that you are covered for all activities that are part of the trip, optional activities that you intend to take part in and/or on high altitude itineraries, that you are covered up to the maximum altitude of the trip.

Local Time

Estonia's Timezone: Europe/Tallinn EEST (GMT +03:00)

Latvia's Timezone: Europe/Riga EEST (GMT +03:00)

Lithuania's Timezone: Europe/Vilnius EEST (GMT +03:00)

Electricity

Estonia's Electricity: European plug - 2 round pins.

Money

Estonia's Currency

The national currency of Estonia is the Euro (EUR), with an exchange rate at the time of publication of approximately 1.2 to the UK£ and 0.9 to the US\$.

Exchange rates are correct at the time of publication.

Latvia's Currency

The national currency of Latvia is the Euro (EUR), with an exchange rate at the time of publication of approximately 1.2 to the UK£ and 0.9 to the US\$.

Lithuania's Currency

The national currency of Lithuania is the Euro (EUR), with an exchange rate at the time of publication of approximately 1.2 to the UK£ and 0.9 to the US\$.

ATM Availability

ATMs and banks are available in the larger cities. You can use credit cards in many shops and restaurants. It is best to change your money on arrival as the exchange rates are fair. You will start in a large city in each country when you cross the borders so you will be able to change money easily.

Extra Expenses & Spending Money

Allow €8-12 for lunch, €10-20 for dinners (depending on what you choose we suggest you budget around €20-30 per day for meals)

During our journey, there are opportunities to visit a few small museums (all optional), €15 should cover this.

Tipping

Our local staff are paid well and fairly for their work with Exodus, however, most of our clients wish to give a tip to their guides and in appreciation of their help and friendliness.

This, of course, is in no way compulsory and depends on the service received. If you feel you would like to leave a tip, as a guide we would suggest a total of approximately €30 per person in total on this itinerary to be broken down as follows:

€20 for the leader

€10 for the driver



Responsible Tourism

Tourism can be a real help to local communities, providing income, positive cultural exchanges and a financial incentive to protect their natural environment. Ours is a 'total approach' to responsible tourism, covering everything from the way we plan and operate our trips to the practices of Exodus as a company.

On this trip, we stay at locally run hotels of good locations that employ local staff. When meals are provided, local ingredients are used wherever possible otherwise, there are plenty of opportunities to try a range of local delicacies at local restaurants and cafes recommended by our local guides. Purchasing fresh smoked fish is a good way to support local fishermen and their business. We are enthusiastic about exploring the culture of each of the three countries on our route with visits to a number of historical sites where the profits generated by entrance fees, souvenirs and local handicrafts sold benefits the surrounding communities. On entering the Curonian Spit, we have to pay ecological fees for our vehicle where the money goes to support the municipality of the area. Water is especially important for cycling trips and whilst we must stay hydrated, it is also vital to not cause too much waste from single use plastic bottles. Hence, we provide large water containers so that clients can refill their reusable water bottles.

In March 2019, Exodus Travels launched the **Exodus Travels Foundation** ([https://www.exodus.co.uk/foundation?](https://www.exodus.co.uk/foundation?__hstc=173457148.f2ba21d2ccabb491f5924f600f1a2876.1547513532465.1554965003103.1555053323319.13&__hssc=173457148.4.1555053323319&__hsfp=1855314)

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Exodus Community

Join the Exodus online community

Don't forget to visit the Community area on our website. You can view the range of Exodus videos and podcasts, read trip write-ups which have featured in the national media and take advantage of some special deals on travel gear and equipment.

In the Community Travel Forum you'll find the Departure Lounge where you can discuss your trip with fellow travellers before you depart. When you get back from your holiday remember to upload your images to the relevant trip page on our website. This helps other people see what our holidays are really like and you'll be entered automatically into our monthly photo competition.

To make full use of the **Community** ([/au/community](https://www.exodus.co.uk/au/community)) you'll need to join My Exodus. It's free, registration is simple and easy, so what are you waiting for?

Important Information

On all guided trips

Although our leaders are well trained to deal with different capabilities, if they have any concerns about someone's ability to safely partake in an activity, or their impact on other people's enjoyment, we authorise them to take necessary action which, in some circumstances, may involve asking someone to miss that activity.

Although rarely enforced, by booking this trip you agree to section 16 of our Booking Conditions which clearly states that our leaders have the authority to do this. In these circumstances we will ensure anyone sitting out is safely provided for and offered alternative options where possible. Refunds will not be provided for activities missed and customers may be liable for additional costs incurred.

On all trips

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call the Exodus office and ask to speak to one of the experts on this itinerary.

In an emergency, please contact our 24 hour out of hours service on +44 (0) 844 326 7041.

Every time that you travel abroad you should take the time to read the warnings in the **essential information (/au/about-exodus/essential-information)** in the brochure.

Full joining instructions including local emergency numbers, and details of how to reach the start point, will be sent to you approximately 2 to 3 weeks prior to departure. If you do not receive these at least a week before departure, or require them earlier please contact our office or your travel agent.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure or website, the Trip Notes supersede the brochure and website. All holidays can be subject to unexpected changes; in order to enjoy them you should be prepared to be flexible where necessary. Occasionally, as stated in our brochure, it may not be possible to follow the itinerary as planned. This may be for a variety of reasons - climatic, political, physical or other. In these circumstances we will make the best possible alternative arrangements that maintain the integrity of the original itinerary.

As fuel prices, airport taxes and exchange rates fluctuate, and airlines manage their rates to match demand, it is proving harder than ever to guarantee our Flight Inclusive prices. Although we endeavour to keep our website as accurate as possible, daily fluctuations mean that our Flight Inclusive price may be out of date. For accurate prices we recommend that you contact one of our Travel Experts, or your Travel Agent.

TRAVEL AWARE -STAY SAFE & HEALTHY ABROAD

The Foreign & Commonwealth Office and the NHS have up-to-date advice on staying safe and healthy abroad. For more on security, local laws, plus passport and visa information, see <https://travelaware.campaign.gov.uk/> (<https://travelaware.campaign.gov.uk/>)

Keep informed of current travel health news by visiting <https://travelhealthpro.org.uk/> (<https://travelhealthpro.org.uk/>)

Advice can change so check regularly for updates.

For all latest travel information about your holiday, please visit our **Travel Safety Advice (/au/travel-safety-advice)** page.



How to Book

1. Check availability

Go online to check availability, or contact us by phone or email.

2. Secure your place

You can provisionally hold a place on this trip, usually for between three and seven days.

3. Complete your booking and payment

When you're ready to book, go to www.exodus.co.uk (</au/homepage>) for online booking, book over the phone or you can complete a booking form (available online or on request by calling us). We accept all major credit and debit cards, or you can pay by cheque. Book with confidence: Exodus is fully licensed and bonded as a tour operator. We hold Air Traffic Organisers Licence (ATOL) number 2582 issued and bonded with the Civil Aviation Authority (CAA). We are also bonded to the International Air Transport Association (IATA) and we are members of the Federation of Tour Operators (FTO) and ABTA - The Travel Association. This means you can book your Exodus holiday with confidence, as all monies paid to us for your trip are fully protected.

TRIP NOTE VALIDITY

These Trip Notes are valid from the "Current as" date on page one. They will occasionally be updated post booking and pre-departure; if there are any updates that significantly impact the inclusions or itinerary bookers will be written to separately. All customers will also receive a link to the most up-to-date version of the Trip Notes with their Final Joining Instructions pre-travel.

Version 1