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Valid for departures: From January 1, 2019 to December 31, 2021



Cycle Namibia Trip Notes

Ways to Travel: Guided Group, Tailormade Adventures

Destinations: Namibia

Programmes: Cycling

Trip Code:
MZN



Moderate

14 Days Flight Inclusive

12 Days Land only

Min age: 16

Trip Overview

Namibia is a vast country with wide open spaces and endless skies. Sand dunes gradually turn into granite hills, whilst rocky outcrops give way to vast plains where elephants, giraffes and lions roam. Travelling through the wilderness by bike is undoubtedly one of the best ways to experience the varied landscape of this desert nation and there is also the unique experience of cycling over sand dunes on a modified 'fat' bike.

Discover the country's highlights and hidden secrets on two wheels, watch the sun rise over the tallest sand dunes in the world and experience game drives in one of southern Africa's best game reserves, Etosha National Park.

At a Glance

- 8 days cycling (including 1 half-day fat biking) with full vehicle support
- 80% off road/gravel roads, 20% tarmac roads
- Some gentle hills and mostly along quiet roads
- Group normally 4 to 12. Min age 16
- 7 nights full-service camping, 4 nights hotels/lodges

Trip Highlights

- Cycling through magnificent and diverse landscapes
- Safari drives in Etosha National Park
- Exploring sand dunes on a modified 'fat' bike
- Waterberg National Park's red sandstone table mountain
- See the highest sand dunes in the world

Is This Trip for You?

Average daily distance: 39km (24 miles)

No. of days cycling: 8 days cycling (including 1 half-day fat biking)

Vehicle support: Fully supported with the exception of the half-day fat biking

The cycling is approximately 80% on gravel/dirt roads or off road and 20% on tarmac roads. There is a mix of terrain, including some undulating rides, flat, downhill and uphill sections. The support vehicle will be on hand, especially for the more challenging sections. Most of the rides will be on roads with little traffic though there may be some busier sections.

The half-day of fat biking on sand dunes will be with a specialist guide and on modified bikes. You will receive a tutorial before setting off but no previous experience is necessary. The terrain will be undulating and you will have opportunity to do cycle some steep gradients down the dunes. However, there will always be the option of cycling down a gentler slope.

On all days we may do less or more cycling than stated in the trip notes. This will depend on the ability and preference of the group as well as the local conditions at the time.

It can get hot in Namibia and shade is not common on most of the rides.

Helmets must be worn by all cyclists in Namibia.

Please note: Clients booking their own flights must not book flights leaving before 3pm on the day of departure.

Following a review of all our trips we have categorised this trip as generally not suitable for persons of reduced mobility. However if you are a regular traveller on such trips, please contact customer services to discuss the trip and your personal condition.

Group

The trip is lead by an experienced cycling guide and accompanied by a driver and camp assistant. You can expect the group to be between 4 to 12 cyclists.

Adult min age: 16

Min group size: 4

Max group size: 12

Itinerary



Land Only Itinerary

Day 1

Start Windhoek.

Depending on your arrival time at the hotel; there is time today to go into Windhoek and explore the city at your own pace, or you can relax at the lodge.

Arrebusch Lodge or similar

Day 2

Transfer to Kupferberg Pass; introductory cycle past private farms and local wildlife.

Leaving Windhoek behind, we start with a short transfer towards the Khomas Hochland and the top of the Kupferberg Pass. From here we get our first taste of cycling through Namibia's amazing landscapes as we descend along winding roads past private farms and local wildlife, getting used to the terrain for about 45km while stopping regularly for snacks and pictures. After lunch we transfer up Gemsberg Pass and past the 3rd highest mountain in Namibia, from where we have views stretching 100km. On the way down the pass and past the dry river beds, we should hopefully see troops of baboons as well as Hartmann's mountain zebra before reaching our camp for the evening.

Roosand Desert Ranch or similar

Distance covered: 45 km / 28 miles

Day 3

Cycle along gravel trails towards Solitaire; transfer to Sesriem.

Leaving the camp on our bikes we continue along gravel roads up and down rolling hills. We will cycle all the way to a T-junction, where we will start to see the red sand dunes, and then transfer the rest of the way to Solitaire via the Guab Pass. We aim to get to Solitaire for lunch and will hopefully have the opportunity to try the local apple crumble which has been called the best in the whole southern hemisphere. After lunch, we transfer to Sesriem and then there is an optional bike ride to Elim Dune in the late afternoon (8km).

Sesriem Camp or similar

Meals included: Breakfast

Distance covered: 35 km / 22 miles

Day 4

Climb Dune 45 and cycle back to Sesriem past giant sand dunes.

Getting up early we drive 40km into the heart of the highest sand dunes in the world before climbing Dune 40 as the sun rays peak over the horizon and hit the red-ochre sand. After descending we have 'breakfast with a view' before taking to our bikes for a ride back to Sesriem along a tarmac road which cuts through the towering dunes. Depending on the weather it may also be possible to do a short ride (25km) to Sossusvlei and have a quick walk. After lunch at camp we transfer to Solitaire, arriving in time for an optional stroll or gentle ride before sunset. In the afternoon, we can visit the Namib Carnivore Conservation Centre to meet conservationists working on a cheetah conservation project (depending on time we may go tomorrow morning).

Solitaire Camp or similar

Distance covered: 25 km / 15 miles

Day 5

Morning cycle through Namib Naukluft Desert; transfer to Walvis Bay then on to Swakopmund.

Cycling straight from camp we continue on our journey north heading towards the Tropic of Capricorn. If conditions allow, we have the option of cycling over the Kuiseb Pass or a different route towards the coast. With luck we should see ostrich, springbok, gemsbok and mountain zebras. Once again we end our ride in the shadow of Guab Pass before transferring to Walvis Bay known for its flamingos. From here we continue to Swakopmund driving along with the ocean on the right and the sand dunes on the left.

Prost Hotel or similar

Meals included: Breakfast, Lunch

Distance covered: 50 km / 31 miles

Day 6

Fat biking on sand dunes and free afternoon for optional activities.

This morning we are introduced to our modified 'fat' bikes and cycle into the vast expanse of sand dunes surrounding Swakopmund. Fat bikes have very wide tyres that make it possible to cycle over sand and explore areas that regular mountain bikes are unable to reach. Our ride will take around 3.5 hours and will also include the nearby moon valley landscape as well a section of the coastline if the tide is in our favour. On our return to Swakopmund we will have a free afternoon to enjoy one of the many activities available nearby, such as sandboarding or quad biking. For those feeling like relaxing a little, the Germanic town is famous for its cake and coffee shops.

Prost Hotel or similar

Meals included: Breakfast

Distance covered: 35 km / 22 miles

Day 7

Spitzkoppe ride.

We leave Swakopmund this morning for Spitzkoppe, an impressive granite structure that rises up from the surrounding gravel planes and that is sometimes known as the Matterhorn of Africa. We will explore the area by bike and on foot in the late afternoon. When there have been good rains, it may be possible to find rock pools where we can take a refreshing dip. Later in the afternoon we can go on an optional bike ride or short hike in the area.

Spitzkoppe Camp or similar

Meals included: Breakfast, Lunch, Dinner

Distance covered: 35 km / 22 miles

Day 8

Transfer to Etosha N.P. for safari.

After a relaxing start to the morning, we transfer to Etosha N.P, one of Southern Africa's best game viewing parks. Here we go on a late afternoon game drive in search of the various wildlife in the park which includes elephants, rhino and lions. When in camp we have the opportunity to sit by the watering hole which is flood lit at night and enjoy the 'living theatre' which unfolds as animals come down to the water to drink.

Okaukuejo Camp or similar

Meals included: Breakfast

Day 9

Search for the 'Big five' on safari in Etosha.

Today is dedicated to going on safari. We will go on morning and afternoon game drives and will have the opportunity to relax back in camp during the heat of the day when the wildlife hides from the hot Namibian sun.

Okaukuejo Camp or similar

Meals included: Breakfast, Lunch, Dinner

Day 10

Ride out of the park towards Otjiwa.

Heading out of the park we saddle up at the gate and head south for approximately 50km on the tarmac road. After lunch we will arrive at the oldest safari lodge in Namibia, Otjiwa. In the afternoon we can go on an optional ride on the jeep tracks and hopefully see some of the local wildlife. For our last night camping, we will enjoy a delicious braai under the African night sky.

Otjiwa Safari Camp or similar

Meals included: Breakfast, Dinner

Distance covered: 50 km / 31 miles

Day 11

Cycle from Otjiwa and transfer to Waterberg Plateau for an optional walk.

This morning we will cycle from camp along the jeep tracks of Otjiwa Lodge for about 3 hours while looking out for wildlife. We then transfer to our accommodation at the impressive red table mountain formation of the Waterberg Plateau, where we can cool off in the pool and enjoy our last night in a comfortable room. This afternoon we will also have the opportunity to go for a walk on the Waterberg Plateau.

Waterberg Lodge or similar

Meals included: Breakfast

Distance covered: 35 km / 22 miles

Day 12

Transfer to Windhoek airport; trip ends here.

This morning we transfer back to Windhoek where the tour ends.

Please note: Clients must not book flights leaving before 3PM.

Meals included: Breakfast

All ascents, descents and distances listed above have been measured by our local partners or tour leaders. Please note that different GPS measuring devices can give differing results dependent on the barometric pressures at the time. Measurements stated throughout these trips notes are given to help you understand the types of terrain and distances you will encounter.

Accommodation

Camps, Hotels & Lodges



We use a mixture of camping, lodges and hotels on this trip. By staying in tents for 7 nights we can sleep in some stunning and remote locations away from the crowds and busy tourist areas. Most of the places we stay have swimming pools available and all of the hotels and lodges have en suite facilities (please note you will need to bring a sleeping bag for the nights spent camping).

Please note that due to the limited amount of accommodation within Etosha National Park, it may be necessary to sleep outside the park on some or all of the nights that we are there. This will not impact on the number of game drives that we have within the park.

Single accommodation (available on request).

Where a single supplement is available, paying for a single only guarantees a room for single use. It does not always mean a twin or double room will be provided for sole occupancy.

Single supplement from \$410.00 AUD

Food & Transport

Eating & Drinking

All breakfasts, 4 lunches and 5 dinners are included in the trip price.

When staying at campsites our guides will cook for you. These will be hearty meals cooked over an open fire and you can expect Braai, Potjie, and stir fries for dinner. Breakfasts will be continental style and usually consist of cereals, coffee, yogurt, muesli, fresh fruit or the occasional fried breakfast. For lunch you can expect a good selection of sandwich ingredients like cheese and cold meats plus pasta and salads. Our support vehicle carries a good selection of snacks and drinks which will be available to access every 15km or so when the group stops.

Vegetarians can be catered for but please inform us before departure of any special dietary requests.

Transportation

The support vehicle normally used for trip is a specially modified safari truck with ten to twelve seats for clients. Seating is forward facing and the windows are large and easy to open. Smaller groups may be in a Mercedes Sprinter or Hilux/Land Cruiser. People are expected to move around to permit everyone a chance to have a window seat. The whole roof opens for game viewing and there is plenty of legroom and packing space. All vehicles carry a reference library and icebox. Please note, it is not safe to stand when the vehicle is moving, please remain seated until the vehicle stops, even on game drives. The bikes are stored in or on top of a trailer towed by the vehicle.

Weather & Seasonality

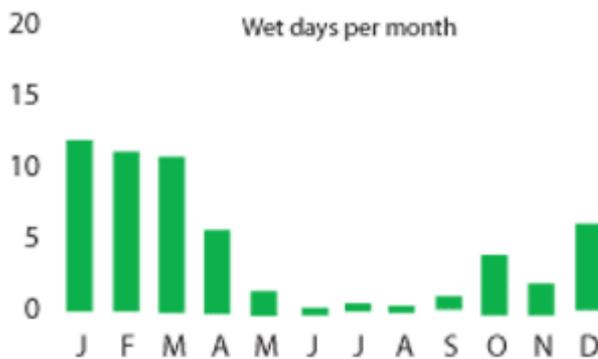
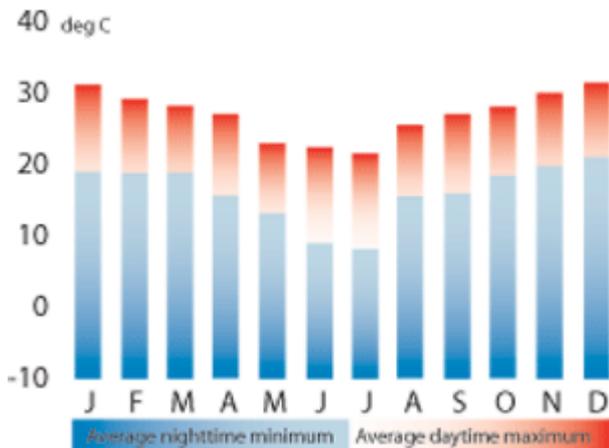
When to go

Namibia is in the Southern Hemisphere, therefore essentially has the opposite seasonality to the UK. The months of June, July and August, whilst clear and warm during the day, can drop down to single figures and even freezing at night. Between September and May it is considerably warmer with the time between October and March being the hottest, getting up to the high 30°C. However it

is always a dry heat and the temperature does drop at night. The wet season is between November and February, but this is not a bad time to go as the desert blooms after rainfall, there is plenty of birdlife to see and, it never rains for very long.

Weather Charts

Windhoek



Joining Instructions

Travelling flight inclusive from London: 15 days

The group flight from London is an overnight flight departing the day before Day 1 of the itinerary.

Flights from London

We normally use the scheduled services of South African Airways or British Airways (depending on availability). As flight timings and schedules change regularly we recommend you call one of our specialist sales staff or your agent to confirm up-to-date timings. Please note timings may change at a later date and cannot be confirmed until approximately two weeks before departure.

Travelling land only: 13 days starting and ending in Windhoek

Your trip normally starts at our accommodation in Windhoek in the morning of Day 1 of the itinerary. Details of how to reach the start point are provided in the Final Joining Instructions - sent approximately two weeks before departure.

In the unlikely event of any of your luggage being misplaced or damaged, a Property Irregularity Report (PIR) must be filed with the appropriate airline if you subsequently wish to make a claim against the airline or on your travel insurance. This must be done at the airport where your baggage arrived, or should have arrived.

Regional Flights

The Flight Inclusive price is based on a London departure, but we are happy to tailor this to your local or regional airport. **Please ask about flights from local or regional airports. (/au/regionaldepartures)**

If booking regional flights other than with Exodus, you must allow a minimum connecting time (in addition to the international check-in time) of 1 hour at Gatwick, and 1.5 hours at Heathrow; this is longer than the official minimum, but baggage handling is known to be subject to delays.

Full joining instructions including local emergency numbers will be sent to you as part of our Final Joining Instructions. If you do not receive these at least a week before departure, or require them earlier please contact our office or your travel agent.

Transfers Details

Exodus offers FREE airport arrival transfers on any flight for this trip, for both Land Only and Flight Inclusive clients, so no matter which flight you choose to arrive on you will be met and transferred to your hotel. All those taking advantage of the free airport transfers must provide full flight details for both arrival and departure in advance; unless specified otherwise, the transfer will be to the Exodus start (or pre-tour) hotel; transfers to other hotels in the same city may attract an extra charge; transfers may be shared with other Exodus customers on the same flight, or on a flight with similar arrival times.

The last night of the trip will be spent in the Waterberg Plateau Park and the tour finishes in Windhoek. If your return flight home departs before the group flight you may have to get a private transfer from Waterberg to Windhoek. Please ask a member of our sales team for more details. FREE airport departure transfers are only available for return flights departing after the group flight - from our Windhoek hotel to the airport.

Location start: Windhoek

Location end: Windhoek

What to Take

Essential Equipment

You will need to bring the following essential items:

Sleeping bag (3/4 season if travelling in July/August - otherwise 2 season) for camping

Normal daily clothes

Cycling specific helmet (compulsory on all Exodus cycling tours)

Sunglasses / eye protection

Several pairs of padded cycling shorts

Several cycling jerseys

Warm base layers

Lightweight waterproof jacket

Gloves

Cleated shoes and pedals (if you use them)

Small day pack (for camera and snacks)

Torch / head torch for nights camping

Towel

Plastic bottles are a big issue in many countries where recycling isn't yet widely available; they often end up in landfill sites or get burnt, both processes are harmful to the environment and we would like to reduce our impact here. On your trip the tap water is safe to drink and the vehicle has a water tank. This means that safe drinking water will be available throughout and all you need to do is bring a bottle to re-fill along the way. If you prefer the taste of bottled water, it is possible to purchase and re-fill from 5l bottles throughout the itinerary.

If while packing you find a spare bit of space in your bag please be sure to check out our partner 'Pack for a Purpose' to identify items that are needed locally by schools and medical clinics. Your Tour Leader can assist with donating the items.

<http://www.packforapurpose.org/> (<http://www.packforapurpose.org/>)

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Optional Equipment

Please note that whilst day time temperatures in July and August can be warm or even hot, night time temperatures can drop to close to freezing.

Equipment Hire

Local Bike Details: Silverback Comp or Sport

A quality local hire bike is now included in the overall price of our cycling holidays. At the time of booking we will take your height in order to reserve equipment. There may on occasions be insufficient bikes available in the correct size; we will endeavour to find suitable alternative equipment but this cannot be guaranteed. We will tell you before you book whether suitably sized bikes are available.

Conditions

1. The equipment remains the property of the supplier and you may not sell, hire out or part possession with the equipment.
2. You must not misuse the equipment and must return it in the same condition as when received (ordinary wear and tear excepted). The supplier is entitled to charge for any damage caused to the equipment during the period of hire.
3. You must ensure that the equipment is adequately secured when not in use. In the event of the equipment being lost or stolen, you may be liable for the replacement value of the equipment
4. You must not use the equipment whilst under the influence of drink or drugs and should immediately notify the Supplier in the event of breakdown or loss.

Bringing Your Own Bike

If you prefer the familiarity of your own bike, you may of course bring it along. Please advise us at the time of booking and you will receive a discount off the price of the holiday, as specified above. You will be responsible for any extra baggage charges, please speak to our Sales team for individual airline fees. Any clients bringing their own bike should ensure they have adequate cover for loss, damage or theft under their travel, home contents or a specialist insurance policy. If Exodus is confident that we have taken all reasonable care to ensure the safety of your bike, in the rare event of loss, damage or theft you will need to claim under your own insurance policy.

Extra Bike Bits

You may like to bring your own pedals and saddle (excluding the seat post) or gel saddle cover to fit to the hire bikes. We encourage this, if it is your preference. However, please note that you are responsible for your own equipment, and removing your saddle/pedals at the end of the trip. We cannot guarantee the return of any bike parts left behind.

Exodus Policy on Cycling Helmets

Wearing a helmet is mandatory for anyone taking part in any guided Exodus cycling holiday. Group members must bring their own helmets, as they are not available for hire, even if they are hiring a bike from Exodus.

For self-guided cycling holidays wearing a helmet is highly recommended. Customers who choose to ignore our advice do so entirely at their own risk and on the understanding that it may affect the validity of their travel insurance. It should also be noted that in some countries we travel to wearing a helmet is already a legal requirement.

Cycling of all kinds has its dangers and accidents can happen from time to time. Please ensure that you are properly prepared for the riding you are going to undertake.

Recommended Cycling Clothing

Padded cycling shorts (with loose 'over-shorts' where recommended), breathable clothing, and a lightweight waterproof/windproof top. Shoes with relatively stiff soles are better for biking, but are not essential unless you are cycling long distances. Most people want to carry certain items with them during the day while cycling, for this we recommend a large bum-bag or small close-fitting daysack.

Please be aware that you will be passing through some remote villages where the locals are unaccustomed to seeing people in tight lycra - we recommend you wear baggy shorts or loose 'over shorts' so as not to cause offence.

Reading List

Namibia: the birth of a Nation

G. Kinnock

A photographic record.

This is Namibia

Peter Joyce

Namib: Dawn to Twilight

Bergarot

History of Southern Africa

K Shillington (Longmans 1987)

Good, readable history of the region.

Land Mammals of Southern Africa

R.Smithers

Birds of South Africa

Ken Newman

Maps

The best maps at present are the 1/4000000 scale Michelin map number 955 which covers Southern Africa and the Geocentre map of Southern Africa. www.lonelyplanet.com/worldguide/namibia/
(<https://www.lonelyplanet.com/worldguide/namibia/>)



Practical Information

Passport

Namibia

All nationalities require a full passport that must be valid for 6 months beyond the intended length of stay. It is your responsibility to have the correct personal documents and to obtain your own visa, if one is necessary, in accordance with the regulations of the country you are to visit. The information below is primarily for UK passport holders, and other nationalities should check with their travel agent or the relevant embassies. We are not responsible for the actions of local immigration and customs officials, whether at points of entry or otherwise, and any subsequent effects.

Visa

Namibia

Visas for Namibia are not required for UK or Commonwealth passport holders. Other nationalities should check before travelling. Please ensure you have a one full blank page in your passport. If you are transiting through South Africa and are a non UK passport holder you may require a transit visa. Please check before travelling. Please note that if flying via South Africa you will probably have to pass immigration there.

Please note that new regulations relating to travel with children means that in addition to valid passports, parents travelling with children (under 18) should at all times carry the original or certified copy of the unabridged birth certificate (listing the child's and both parents' details).

Adults travelling with children where they are not the biological or legal guardians of those children, should be in possession of an affidavit statement from the child's parents giving consent for their travel. If a child is travelling with only one parent, the other parent should give consent for travel in the form of an affidavit.

Visa regulations can change without notice: please check the current regulations in good time to obtain a visa if one is required.

Vaccination

Namibia

There are no mandatory vaccination requirements.

Recommended vaccinations are: Polio, Tetanus, Diphtheria, Typhoid, Hepatitis A.

Malaria prophylaxis is essential and we suggest that you seek advice from your GP or travel health clinic about which malaria tablets to take.

Travel health can often be something people forget about before going away, but a little preparation and knowledge can go a long way to help you stay fit and healthy while abroad.

The Travel Health Pro website recommends to have a rabies vaccination on this trip, as cycling is considered a higher risk activity.

The above information can change at short notice; as we are not qualified to answer all your questions about travel health we strongly recommend you contact your Medical Professional or a Travel Health Clinic at least 8 weeks prior to departure for up-to-date information. Please note: vaccinations that are routinely recommended to residents of the UK, North America or Australasia are not considered to form part of the travel health advice, and you should ensure these are kept up to date where necessary.

For additional information please visit: <https://travelhealthpro.org.uk/countries> (<https://travelhealthpro.org.uk/countries>)

Insurance - are you adequately covered?

It is a condition of joining any of our holidays that you must be fully insured against medical and personal accident risks (to include repatriation costs and air ambulance or helicopter rescue services where appropriate). On arrival in destination for your trip, you will be asked to present details to your leader or local representative of your policy.

If you are resident in the UK we strongly recommend the **Exodus travel insurance policy (/au/insurance)**, this is specifically designed to cover all activities on your trip. If arranging your own policy please ensure that you are covered for all activities that are part of the trip, optional activities that you intend to take part in and/or on high altitude itineraries, that you are covered up to the maximum altitude of the trip.

Local Time

Namibia's Timezone: Africa/Windhoek CAT (GMT +02:00)

Electricity

Namibia's Electricity: 220 Volts. Plug types D & M; establishments often take the large 3 round pin plugs as used in South Africa.

Nearly all the campsites/lodges provide a power point where you can charge your camera batteries. The power point is normally in a communal area like the kitchen or bar. Most of the vehicles are fitted with an inverter to allow you to charge your batteries while on the move (using European style plugs), but obviously space is limited so you should not rely on this being available. Namibia generally uses the same sockets as South Africa (large round pins) adaptors may be hard to come by but are generally available at the airport before departure.

Money

Namibia's Currency

The national currency of Namibia is the Namibian Dollar (NAD), with an exchange rate at the time of publication (June 2017) of approximately 16.6 to the GBP, 13 to the USD, 9.9 to the CAD, 14.6 to the EUR, 9.9 to the AUD and 9.5 to the NZD.

ATM Availability

Credit cards are widely accepted, and there are cash machines in the main towns and the airport, but you should not rely on this for all your money.

Extra Expenses & Spending Money

You can expect to spend an average of GB\$13/US\$20 a day for non included meals and snacks.

Optional Excursions (approximate costs, depending on group sizes)

There are several optional activities in Swakopmund, such as ocean fishing, canoeing and quad-biking but there's plenty to occupy you if you don't participate. These prices are approximate.

Quad-biking N\$650 (for 2hrs); N\$450 (for 1hr)

Flight over Sossousvlei N\$4200

Township Tour N\$650

Desert Night drive (Day 3) N\$200

Tipping

This is entirely optional but we would recommend approximately £1-2 (US\$1.5-3) per person per day.



Responsible Tourism

At Exodus we believe in the power of Responsible Travel.

Every time we travel, we are part of a global movement that creates jobs, builds more sustainable societies, encourages cultural understanding and safeguards common natural and cultural heritage. To learn more about what Responsible Travel means to Exodus [click here \(/au/responsible-travel\)](#)...

Namib Carnivore Conservation Centre

The size of the cheetah enclosure has reduced in size quite significantly while the centre makes improvements to its fencing. The completion date for this work is expected to be in March 2019 but an exact date is still to be confirmed. Exodus does not wish to stop support of the project during this transitional period and so have decided to continue including the visit in our itineraries. However, it does mean seeing the cheetahs in a smaller enclosure than normal.

Exodus Community

Join the Exodus online community

Don't forget to visit the Community area on our website. You can view the range of Exodus videos and podcasts, read trip write-ups which have featured in the national media and take advantage of some special deals on travel gear and equipment.

In the Community Travel Forum you'll find the Departure Lounge where you can discuss your trip with fellow travellers before you depart. When you get back from your holiday remember to upload your images to the relevant trip page on our website. This helps other people see what our holidays are really like and you'll be entered automatically into our monthly photo competition.

To make full use of the **Community (/au/community)** you'll need to join My Exodus. It's free, registration is simple and easy, so what are you waiting for?

Important Information

On all guided trips

Although our leaders are well trained to deal with different capabilities, if they have any concerns about someone's ability to safely partake in an activity, or their impact on other people's enjoyment, we authorise them to take necessary action which, in some circumstances, may involve asking someone to miss that activity.

Although rarely enforced, by booking this trip you agree to section 16 of our Booking Conditions which clearly states that our leaders have the authority to do this. In these circumstances we will ensure anyone sitting out is safely provided for and offered alternative options where possible. Refunds will not be provided for activities missed and customers may be liable for additional costs incurred.

On all trips

In booking this trip you should be confident in your ability to participate in all activities described in these Trip Notes. If you have any doubt about your suitability you should call the Exodus office and ask to speak to one of the experts on this itinerary.

In an emergency, please contact our 24 hour out of hours service on +44 (0) 844 326 7041.

Every time that you travel abroad you should take the time to read the warnings in the **essential information (/au/about-exodus/essential-information)** in the brochure.

Full joining instructions including local emergency numbers, and details of how to reach the start point, will be sent to you approximately 2 to 3 weeks prior to departure. If you do not receive these at least a week before departure, or require them earlier please contact our office or your travel agent.

The information in these Trip Notes is given in good faith. Where differences exist between the Trip Notes and our current brochure or website, the Trip Notes supersede the brochure and website. All holidays can be subject to unexpected changes; in order to enjoy them you should be prepared to be flexible where necessary. Occasionally, as stated in our brochure, it may not be possible to follow the itinerary as planned. This may be for a variety of reasons - climatic, political, physical or other. In these circumstances we will make the best possible alternative arrangements that maintain the integrity of the original itinerary.

As fuel prices, airport taxes and exchange rates fluctuate, and airlines manage their rates to match demand, it is proving harder than ever to guarantee our Flight Inclusive prices. Although we endeavour to keep our website as accurate as possible, daily fluctuations mean that our Flight Inclusive price may be out of date. For accurate prices we recommend that you contact one of our Travel Experts, or your Travel Agent.

TRAVEL AWARE -STAY SAFE & HEALTHY ABROAD

The Foreign & Commonwealth Office and the NHS have up-to-date advice on staying safe and healthy abroad. For more on security, local laws, plus passport and visa information, see <https://travellaware.campaign.gov.uk/> (<https://travellaware.campaign.gov.uk/>)

Keep informed of current travel health news by visiting <https://travelhealthpro.org.uk/> (<https://travelhealthpro.org.uk/>)

Advice can change so check regularly for updates.

For all latest travel information about your holiday, please visit our **Travel Safety Advice (/au/travel-safety-advice)** page.



How to Book

1. Check availability

Go online to check availability, or contact us by phone or email.

2. Secure your place

You can provisionally hold a place on this trip, usually for between three and seven days.

3. Complete your booking and payment

When you're ready to book, go to www.exodus.co.uk (</au/homepage>) for online booking, book over the phone or you can complete a booking form (available online or on request by calling us). We accept all major credit and debit cards, or you can pay by cheque. Book with confidence: Exodus is fully licensed and bonded as a tour operator. We hold Air Traffic Organisers Licence (ATOL) number 2582 issued and bonded with the Civil Aviation Authority (CAA). We are also bonded to the International Air Transport Association (IATA) and we are members of the Federation of Tour Operators (FTO) and ABTA - The Travel Association. This means you can book your Exodus holiday with confidence, as all monies paid to us for your trip are fully protected.

TRIP NOTE VALIDITY

These Trip Notes are valid from the "Current as" date on page one. They will occasionally be updated post booking and pre-departure; if there are any updates that significantly impact the inclusions or itinerary bookers will be written to separately. All customers will also receive a link to the most up-to-date version of the Trip Notes with their Final Joining Instructions pre-travel.

Version 1